

**INTERNATIONAL RENAL DIETITIANS'**  
**NEWS LETTER**

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**September 2009**

**International Society of Renal Nutrition and Metabolism (ISRNM)**

• **Membership.**

Renal Dietitians are invited to become associate members of the ISRNM.

The Annual Subscription rate is US Dollars 100.- and includes the Journal of Renal Nutrition, THE Journal for renal dietitians, physicians and renal scientists, published every 2 months..

**The ISRNM application form can be downloaded from the ISRNM Website:**

[www.kidney.org/isrnm](http://www.kidney.org/isrnm) or [www.renalnutrition.com](http://www.renalnutrition.com)

Information about membership and the Journal of Renal Nutrition can also be obtained by writing to the ISRNM secretary/treasurer's office email:

[renalnutrition@gmail.com](mailto:renalnutrition@gmail.com)

**Website** Journal of Renal Nutrition: [www.jrnjournal.org](http://www.jrnjournal.org)

You can also become a special member of **the National Kidney Foundation, Council on Renal Nutrition (CRN)** for an additional US Dollars 28.- and receive all the benefits of the NKF/CRN including "Renal Link", the NKF's Professional Councils Quarterly Newsletter "RENAL LINK" and other useful information like the publication: "Renal Dietitian's Standards" and Pocket Guide with guidelines for nutritional management of patients with Chronic Kidney Disease.

*4th edition Pocket Guide to Nutrition Assessment of the Patient with Chronic Kidney Disease will be out during the 2009 spring and will be available to all CRN members at NO CHARGE*

See also: [www.kidney.org](http://www.kidney.org) and follow the link "professionals".

**Please send your completed application form to:**

International Society of Renal Nutrition and Metabolism/National Kidney Foundation  
Membership Services Department, GPO 5456

New York, NY 10087-5456, USA

Attention Recia Tiabo,

Telephone: +1 212 889 2210 extension 192 and Fax: + 1 212 689 9261

EMAIL: [reciat@kidney.org](mailto:reciat@kidney.org)

**The 14<sup>th</sup> International Congress on Nutrition and Metabolism in Renal Disease**

was held in Marseilles, France from 11-14 June 2008 with over 500 participants that included 198 dietitians. Proceedings are published in the Journal of Renal Nutrition, Vol 19, No 1, January 2009.

The 15<sup>th</sup> International Congress will be held 24-28 May, 2010 in Lausanne,

Switzerland: [www.isrnm-lausanne2010.org](http://www.isrnm-lausanne2010.org) and **abstract submission deadline is 15 December 2009.**

**The International Federation of Kidney Foundations (IFKF):([www.ifkf.net](http://www.ifkf.net))**

The 10<sup>th</sup> Annual Conference was held in Istanbul, Turkey from 17-20 May 2009. A Seminar for renal healthcare professionals including dietitians and representatives of kidney patients organisations from Turkey was organised during

this Conference and was hosted by the Turkish Kidney Foundation. The theme for this year was “ A healthier and better life through education”.

The IFKF aims to provide support in setting up Kidney Foundations in developing countries to help prevent chronic kidney disease, delay progression and educate kidney patients to understand their kidney disease better.

There are now 67 Kidney Foundations from 44 countries that have become members of the IFKF and several committees are set up to take Patient Education, Prevention and Treatment and Advocacy, further.

The Education Sub Committee is multidisciplinary and includes a dietitian, nurse and social worker, renal physician and a web site manager. The Inventory of educational materials (pdf file) published by several Kidney Foundations is updated regularly and available on the above website ( [www.ifkf.net](http://www.ifkf.net) ) with a link to Resources.. The website link is a useful inventory of global information for professionals and patients also translated in several languages.

Although many of the Kidney Foundations have existed for 20-40 years or more and already contribute to patient education in a major way, other countries have very little or no access to resources.

### **Annual World Kidney Day ([www.worldkidneyday.org](http://www.worldkidneyday.org) )**

The IFKF and the International Society of Nephrology (ISN) jointly organise the Annual World Kidney Day.

From 9<sup>th</sup> March 2006 onwards, the Annual World Kidney Day has been held on the 2<sup>nd</sup> Thursday of March of each year. See above website for activities organised in each country..

In 2008 World Kidney Day was celebrated on 13 March.

This year’s WKD was held on Thursday 12 March 2009 with over 100 countries taking part. See web site: [www.worldkidneyday.org](http://www.worldkidneyday.org) for photographs.

Dietitians are encouraged to participate and please contact your local kidney foundation(s). In 2010 the date will be 11 March and will collaborate with World Diabetes Day to be held on 14 November 2009.

### **The American Dietetic Association-Renal Practice (ADA-RPG) group**

Publications:

- 1 ”Guidelines for the Nutritional Care of Renal Patients”, 3<sup>rd</sup> edition (2001) and
2. “Renal Care: Resources and Practical Applications” (2003).

Website:

[http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/shop\\_16357\\_ENU\\_HTML.htm](http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/shop_16357_ENU_HTML.htm)

see Renal Nutrition Publications.

The website of the ADA-Renal Practice Group is [www.renalnutrition.org](http://www.renalnutrition.org)

- **The KDOQI Best Practice Guidelines for Nutritional Care of Patients with Chronic Kidney Disease** were published in 2000.

Other new guidelines have been published since:

- Clinical Practice Guidelines for Managing Dislipidemias in Chronic Kidney Disease (2003)
- Clinical Practice Guidelines on Bone Metabolism and Disease in Chronic Kidney Disease (October 2003)
- Clinical Practice Guidelines for Blood Pressure Management (2004) and Cardiovascular Disease in Dialysis Patients (2005)

- Clinical Practice Guidelines for treatment of Diabetic Kidney Disease (DKD) published in February 2007

For further information and updates please access the NKF USA website: [www.kdoqi.org](http://www.kdoqi.org) .

For the Catalog containing educational publications please see website: [www.kidney.org/store](http://www.kidney.org/store)

All KDOQI guidelines are published in the American Journal of Kidney Diseases please see website: [www.ajkd.org](http://www.ajkd.org)

**NUTRITION COUNTER: A reference for the Kidney Patient: American Association of Kidney Patients (AAKP)** see [www.aakp.org](http://www.aakp.org) for online and download information

**On Line Renal Nutrition Courses, Curitiba, Brazil (in Portuguese)**

This online course is organised by Prof.Dr.Cristina Martins RD, please contact her by email: [instituto@cwbnk2.com.br](mailto:instituto@cwbnk2.com.br)

**The Canadian Association of Nephrology Dietitians has a new website.**

Ms June Martin RD is the President and more information is available on their website: [www.renalrd.ca](http://www.renalrd.ca)

**“Chronic Kidney Disease: helping practices to identify patients at risk and reduce progression” The British Journal of Primary Care Nursing. Special Issue:Chronic Kidney Disease: Cardiovascular Disease, Diabetes and Kidney Care (July 2009) Free open online access: [www.bjpcn.com](http://www.bjpcn.com)**

**Chronic Kidney Disease United Kingdom**

**National clinical guideline for early identification and management in adults in primary and secondary care.** This includes nutritional care.

The guideline was developed by the National Collaborating Centre for Chronic Conditions at the Royal College of Physicians in UK September 2008 ([www.rcplondon.ac.uk/pubs/](http://www.rcplondon.ac.uk/pubs/) )

**European Renal Association- European Dialysis and Transplant Association (ERA-EDTA : Guidelines for Haemodialysis Patients.**

The European Best Practice Guidelines for Haemodialysis are published in NDT, Nephrology, Dialysis, Transplantation, Volume 22, Supplement 2, May 2007. The guidelines include recommendations for nutritional management.

ISSN 0931-0509. Website. [www.era-edta.org/guidelines.htm](http://www.era-edta.org/guidelines.htm)

Or see [www.kdigo.org](http://www.kdigo.org) link database and guidelines.

**European Dialysis and Transplant Nurses Association-European Renal Care Association Management of Mineral and Bone Disorders in Chronic Kidney Disease.**

Journal of Renal Care, Volume 35, Supplement 1, March 2009. ISSN 1755-6678, Published by Wiley-Blackwell. ([www.edtnaerca.org](http://www.edtnaerca.org))

To purchase a single issue via the JORC website –

<http://www3.interscience.wiley.com/aboutus/contactus/contactus.html>

The email address is [cs-journals@wiley.com](mailto:cs-journals@wiley.com)

The personal single issue price for the supplement is £14.80 and the Institutional single issue price is £42.50. Postage maybe extra depending on location.'

The advisors will confirm the price and the payment method for the customer in their reply.

**The European Dialysis and Transplant Nurses Association-Renal Care Association (EDTNA-ERCA)** published their NUTRITION guidelines on the Internet, and in their Journal, Summer 2003 edition. Website [www.edtnaerca.org](http://www.edtnaerca.org).

**The CARI Guidelines (Caring for Australians and New Zealanders with Renal Impairment)** are available on the website [www.cari.org.au](http://www.cari.org.au)

### **Kidney Disease Improving Global Outcomes (KDIGO)**

The website lists guidelines and comparisons on treatment of patients with Chronic Kidney Disease: [www.kdigo.org](http://www.kdigo.org) . All guidelines from Australia (CARI), Canada, Europe and Best Practice Guidelines (ERA-EDTA), Renal Association UK and KDOQI guidelines USA can be viewed and down loaded . This is an excellent website to find out about evidence based best practice nutrition guidelines.

**World Action On Salt and Health (WASH) :** [www.worldactiononsalt.com](http://www.worldactiononsalt.com) Email: [wash@sgul.ac.uk](mailto:wash@sgul.ac.uk)

### **The International Confederation of Dietetic Association.**

Please visit the ICDA website for more information about this organisation. The discussion forum including a renal forum, the ICDA News Letter "Dietetics Around the World" and other information are found on : [www.internationaldietetics.org](http://www.internationaldietetics.org)  
NB There are no restrictions to membership, this means that any dietitian from any country can apply and access the website. The discussion and renal forum will therefore be an excellent opportunity to network across the globe and help you to get your questions answered.

Last year's Congress (2008) was held early September in Yokohama, Japan. The next Congress will be held in 2012 in Sydney, Australia.

### **USEFULL WEBSITES:**

European Food Composition Databank Systems (EuroFir) June 2008  
[www.eurofir.net](http://www.eurofir.net) for general information and  
[www.eurofir.org/eurofir](http://www.eurofir.org/eurofir) to browse the network. To log in: Username is EurofirPartner and password is letmein. More details to follow at the end on June. A subscription fee will be charged once the foundation has been established later this month. This databank will have eventually store information from all over the world.

**The 3<sup>rd</sup> EuroFIR Congress will be held in Vienna, Austria from 8-10 September 2009.**

**Educational Tools:**

[www.fosrenol.com](http://www.fosrenol.com) Free copies are only available on line in USA. Contact your local Shire representative for more details.

**Donna Morton de Souza RD** from USA developed a range of helpful educational tools for patients education. Her website is: [www.renalrd.com](http://www.renalrd.com)

**Seize Chronic Kidney Disease (for dietitians, nurses, social workers and technicians:** [www.seizeCKD.org](http://www.seizeCKD.org) and [www.atoz.org](http://www.atoz.org) for patient's information.

**European Food Information Council:** [www.eufic.org](http://www.eufic.org)

**IFKF Website** [www.ifkf.net](http://www.ifkf.net) see under website links for useful information for professionals and patients

**ASPEN American Society of Parenteral and Enteral Nutrition :** [www.aspen.org](http://www.aspen.org)

**ESPEN European Society of Parenteral and Enteral Nutrition** [www.espen.org](http://www.espen.org)

**DIETS Dietitians Improving Education Training Standards**

[www.thematicnetworkdietetics.eu/everyone](http://www.thematicnetworkdietetics.eu/everyone)

**Canadian Association of Nephrology Dietitians:** [www.renalrd.org](http://www.renalrd.org)

**PUBLICATIONS:**

**NEW:** KDIGO Clinical Practice Guideline for the Diagnosis, Evaluation, Prevention and Treatment of Chronic Kidney Disease – Mineral and Bone Disorders (CKD-MBD) Supplement to Kidney International Vol 76, Suppl 113, August 2009

**NEW:** Handbook of Creative Approaches to Patient Compliance, 2<sup>nd</sup> edition [www.renalrd.com](http://www.renalrd.com) (August 2009)

**Nutrition in Kidney Disease ISBN 978-1-781-5**

Published by Springer and written by Specialist Renal Dietitians from USA.

Price: Euro 114.95, \$ 149.00, SFr 200.50, £ 88.50. Also see website:

Contact Springer in USA; order department PO Box 2485 Secaucus, NJ 07096-2485

Email: [orders-ny@springer.com](mailto:orders-ny@springer.com)

Europe: Springer, Distribution Center GmbH, Haberstrasse 7, 69126 Heidelberg,

Germany Email : [SDC-bookorders@springer.com](mailto:SDC-bookorders@springer.com)

**Books for professionals and renal patients** (United Kingdom)

[www.class.co.uk/books-kidneys-57](http://www.class.co.uk/books-kidneys-57)

**Nutricion Clinica en Insuficiencia Renal Cronica y Transplante Renal**

Edited by Dr A. Trevino Beccera and published by Editorial Prado Mexico

DF in 2006, 2<sup>nd</sup> edition 2008. This book is written in Spanish. ISBN 968- 6899- 91-X.

**The European Best Practice Guidelines for Peritoneal Dialysis ( including Nutrition) (ERA-EDTA)** were published in Nephrology

Dialysis Transplantation, Volume 20 (December 2005) Supplement 9.

**Vitamin Metabolism and Requirements in Renal Disease and Renal Failure.**

In Nutritional Management of Renal Disease ; Kopple JD and Massry SG, editors, 2<sup>nd</sup> edition, 2004. Lipincott Williams and Wilkins. Philadelphia, USA.

**Renal Nursing 3rd edition (2007), published by Elsevier/ Harcourt Sciences,**

ISBN 0 7020 2642 5. This book suitable for all renal Health Care Professionals including dietitians, can be obtained from the Elsevier Science Website:

[www.elsevierhealth.com](http://www.elsevierhealth.com) , click on search and type in renal nursing and relevant information follows.

**Management of Diabetic Nephropathy, edited by Boner and Cooper.**

**(updated July 2009)**

This book has now been published by Martin Dunitz Ltd United Kingdom in 2003, ISBN 1 84184 076 9 and includes comprehensive information on the dietary aspects of Diabetic Nephropathy based on current guidelines.

Visit the Website

<http://catalogue.informahealthcare.com/pjbp/product.htm?prd=20001535460>

**Contact in UK:** Informa UK Limited, Sheepen Place, Colchester, CO3 3LP, UK  
Telephone: (+44) 020 7017 5540, Fax: (+44) 020 7017 4614

Email: [healthcare.enquiries@informa.com](mailto:healthcare.enquiries@informa.com)

**Contact in USA:** Informa Healthcare, 52 Vanderbilt Avenue, 7<sup>th</sup> floor, New York, NY, 10017. Telephone +1 212 520 2777, Fax: +1 212 661 5052

Email: [www.informahealthcare.com](http://www.informahealthcare.com)

**A Food Phosphate Guide for Kidney Patients:**

Edited by Winnie Chee Siew Swee PhD, RD and Tilakavati Karupaiah APD, RD  
Department of Nutrition and Dietetics, Faculty of Allied Health Sciences,  
University of Kebangsaan, Kuala Lumpur, Malaysia. For a copy please contact Leo  
Pharmaceutical Products, Malaysian Office, c/o Diethelm(M) Sdu.Bhd, 74 Jalan  
University, 46200 Petaling Jaja, Selangor, Malaysia. Fax: + 60 7957 6599 and  
email: [leomh@tm.net.my](mailto:leomh@tm.net.my)

**Publications of interest:**

NJM Cano et al. (2007) Intradialytic parenteral nutrition does not improve survival in malnourished hemodialysis patients a 2-year multicentre, prospective randomized study. Journal of American Society of Nephrology. **18**, 2583-2591.

**CONFERENCES AND MEETINGS OF INTEREST TO DIETITIANS  
WORKING WITH KIDNEY PATIENTS**

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**CONFERENCES IN 2009:**

**September**

43<sup>rd</sup> Annual Scientific Meeting of the European Society for Paediatric Nephrology (ESPN) will be held in Birmingham, UK from 2-5 September: [www.espn2009.co.uk](http://www.espn2009.co.uk)

The 38<sup>th</sup> EDTNA-ERCA Conference will be held in Hamburg, Germany from 5-8 September [www.edtnerca.org](http://www.edtnerca.org)

### **CONFERENCES IN 2010:**

#### **April:**

The annual NKF Spring Meeting will be held from 13-17 April at the Walt Disney World Swan and Dolphin, Orlando, FL, USA [www.nkfclinicalmeetings.org](http://www.nkfclinicalmeetings.org)

#### **May:**

The 15<sup>th</sup> International Congress on Nutrition and Metabolism in Renal Disease, Lausanne, Switzerland from 25-28 May. [www.isrnm-lausanne2010.org](http://www.isrnm-lausanne2010.org)

#### **June:**

The 67<sup>th</sup> Congress of the European Renal Association/European Dialysis and Transplant Association (ERA-EDTA) will be held in Munich, Germany from 25-28 June ([www.era-edta2010.org](http://www.era-edta2010.org))

### **CONFERENCES IN 2011**

#### **April**

The annual NKF Spring Meeting will be held from 26-30 April at the MGM Grand Hotel, Las Vegas, NV, USA

### **CONFERENCES 2012**

#### **September 2012**

The International Congress of Dietetics will be held in Sydney, Australia

Newsletter Editor: Marianne Vennegoor RD (August 2009)