

**INTERNATIONAL RENAL DIETITIANS**  
**NEWS LETTER**

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**September 2008**

**International Society of Renal Nutrition and Metabolism (ISRNM)**

• **Membership.**

Renal Dietitians are invited to become associate members of the ISRNM.

The Annual Subscription rate is US Dollars 100.- and includes the Journal of Renal Nutrition, THE Journal for renal dietitians, physicians and renal scientists, published every 2 months..

**The ISRNM application form can be downloaded from the ISRNM Website:**

[www.kidney.org/isrnm](http://www.kidney.org/isrnm)

Information about membership can also be obtained by writing to the ISRNM secretary/treasurer's office email: [renalnutrition@gmail.com](mailto:renalnutrition@gmail.com)

You can also become a special member of **the National Kidney Foundation, Council on Renal Nutrition (CRN)** for an additional US Dollars 20.- and receive all the benefits of the NKF/CRN including "Renal Link", the NKF's Professional Councils Quarterly Newsletter "RENAL LINK" and other useful information like the publication: "Renal Dietitian's Standards" and Pocket Guide with guidelines for nutritional management of patients with Chronic Kidney Disease. See also: [www.kidney.org](http://www.kidney.org) and follow the link "professionals".

**Please send your completed application form to:**

International Society of Renal Nutrition and Metabolism/National Kidney Foundation  
Membership Services Department Attention Ashante Wilson

GPO 5456, New York, NY 10087-5456

Fax: + 1 212 689 9261

EMAIL: [Ashantew@kidney.org](mailto:Ashantew@kidney.org)

For inquiries regarding the Journal of Renal Nutrition please contact Ashante Wilson at above postal or email address

**Website** Journal of Renal Nutrition: [www.jrnjournal.org](http://www.jrnjournal.org)

**The 14<sup>th</sup> International Congress on Nutrition and Metabolism in Renal Disease**

was held in Marseilles, France from 11-14 June 2008 with over 500 participants that included 198 dietitians. Proceedings will be published in the Journal of Renal Nutrition, from January 2009 onwards.

**The 15<sup>th</sup> International Congress** will be held in May, 2010 in Lausanne, Switzerland. Further details to follow.

**The International Federation of Kidney Foundations (IFKF):([www.ifkf.net](http://www.ifkf.net))**

The 9<sup>th</sup> Annual Conference was held in Mainz, Germany from 6-9 May 2008. A Seminar for kidney patients from Germany and Switzerland was organised during this Conference that was hosted by the European Federation of Kidney Patients Associations. The theme for this year was "Live Longer and better by taking care of yourself now". IFKF education committee members Ms Beryl Ferguson MSW

Vancouver Canada presented a very stimulating presentation of the "Expert Patient: Empowerment through Self care" and Marianne Vennegoor, RD spoke about "Eating for better health". Other speakers were Dr John Ball MD from Chicago who talked about "Time spent on dialysis is time spent on keeping healthier" and Dr Hans-Joachim Muller from Fulda, Germany spoke about "keeping your bones healthy". The IFKF aims to provide support in setting up Kidney Foundations in developing countries to help prevent chronic kidney disease, delay progression and educate kidney patients to understand their kidney disease better.

There are now 61 Kidney Foundations from 44 countries that have become members of the IFKF and several committees are set up to take Patient Education, Prevention and Treatment and Advocacy further.

The Education Committee is multidisciplinary and includes a dietitian, nurse and social worker, renal physician and a web site manager. The Inventory of educational materials (pdf file) published by several Kidney Foundations is updated regularly and available on the above website ( [www.ifkf.net](http://www.ifkf.net) ). The website link is also a useful resource of global information for professionals and patients also translated in several languages.

Although many of the Kidney Foundations have existed for 20-40 years or more and already contribute to patient education in a major way, other countries have very little or no access to resources.

#### **Annual World Kidney Day ([www.worldkidneyday.org](http://www.worldkidneyday.org) )**

The IFKF and the International Society of Nephrology (ISN) jointly organise the Annual World Kidney Day.

From 9<sup>th</sup> March 2006 onwards, the Annual World Kidney Day has been held on the 2<sup>nd</sup> Thursday of March of each year. See above website for past and future activities.

**In 2008 World Kidney Day was celebrated on 13 March (see above website for programmes in member countries).** A CD was launched at the WKD European Kidney Health Alliance Meeting in Brussels, Belgium on 4 the March.

To obtain a copy please visit the following website: [www.bijjezijn.be](http://www.bijjezijn.be) OR contact the administrators on this email address: [bijjezijn@uzbrussels.be](mailto:bijjezijn@uzbrussels.be) .Cost is 10 Euros.

#### **The American Dietetic Association-Renal Practice (ADA-RPG) group**

Publications:

- 1 "Guidelines for the Nutritional Care of Renal Patients", 3<sup>rd</sup> edition (2001) and
2. "Renal Care: Resources and Practical Applications" (2003).

Website: [http://www.eatright.org/Public/ProductCatalog/104\\_20724.cfm](http://www.eatright.org/Public/ProductCatalog/104_20724.cfm) see Renal Nutrition Package.

#### **There are several ways to purchase these publications:**

1. **by fax** +1 312 899 4899 for credit card or company purchase order information with authorised signature needed
2. **by obtaining the order form** in the ADA Catalogue, contact website: [www.eatright.org/catalog/](http://www.eatright.org/catalog/)
3. **by phone** +1 800 877 1600, extension 5000 (credit card only)
4. **By writing to:**  
ADA Customer Service, 120 S. Riverside Plaza, Suite 2000  
Chicago, Ill, 60606, USA, Fax: +1 312 899 4899  
Email: [www.eatright.org](http://www.eatright.org)  
The website of the ADA-Renal Practice Group is [www.renalnutrition.org](http://www.renalnutrition.org)

- **The KDOQI Best Practice Guidelines for Nutritional Care of Patients with Chronic Kidney Disease** were published in 2000.

Other new guidelines have been published since:

- Clinical Practice Guidelines for Managing Dislipidemias in Chronic Kidney Disease (2003)
- Clinical Practice Guidelines on Bone Metabolism and Disease in Chronic Kidney Disease (October 2003)
- Clinical Practice Guidelines for Blood Pressure Management (2004) and Cardiovascular Disease in Dialysis Patients (2005)
- Clinical Practice Guidelines for treatment of Diabetic Kidney Disease (DKD) published in February 2007

For further information and updates please access the NKF USA

website: [www.kdoqi.org](http://www.kdoqi.org) . For the Catalog containing educational publications please see website: [www.nkfcls.org](http://www.nkfcls.org) .

All guidelines are published in the American Journal of Kidney Diseases please see website: [www.ajkd.org](http://www.ajkd.org)

Also see the publication by Judith A Beto PhD, FADA and Vinod K. Bansal MD entitled Medical Nutrition Therapy in Chronic Kidney Failure: Integrating Clinical Practice Guidelines in the Journal of the American Dietetic Association, March 2004, Vol 104, number 3, pp 404-409

**NEW: On Line 9<sup>th</sup> Renal Nutrition Course, Curitiba, Brazil (in Portuguese)**  
**This online course is organised by Prof.Dr.Cristina Martins RD, please contact her by email: [instituto@institutochristinamartins.com.br](mailto:instituto@institutochristinamartins.com.br)**

**The Canadian Association of Nephrology Dietitians has a new website.**  
**Ms June Martin RD is the President and more information is available on their website: [www.renalrd.ca](http://www.renalrd.ca)**

**European Renal Association- European Dialysis and Transplant Association (ERA-EDTA : Guidelines for Haemodialysis Patients.**

The European Best Practice Guidelines for Haemodialysis are published in NDT, Nephrology, Dialysis, Transplantation, Volume 22, Supplement 2, May 2007. The guidelines include recommendations for nutritional management.

ISSN 0931-0509. Website. [www.era-edta.org/guidelines.htm](http://www.era-edta.org/guidelines.htm)

- **The European Dialysis and Transplant Nurses Association-Renal Care Association (EDTNA-ERCA) have published their NUTRITION guidelines on the Internet, and in their Journal, Summer 2003 edition. Website [www.edtnerca.org](http://www.edtnerca.org).**
- **The CARI Guidelines (Caring for Australians and New Zealanders with Renal Impairment)** are available on the website [www.cari.org.au](http://www.cari.org.au)
- **Kidney Disease Improving Global Outcomes (KDIGO)**  
 The website lists guidelines and comparisons on treatment of patients with Chronic Kidney Disease: [www.kdigo.org](http://www.kdigo.org) . All guidelines from Australia (CARI), Canada, Europeand Best Practice Guidelines (ERA-EDTA), Renal Association UK and

KDOQI guidelines USA can be viewed and downloaded . This is an excellent website to also find out about evidence based best practice nutrition guidelines.

- **World Action On Salt and Health (WASH) :**  
[www.worldactiononsalt.com](http://www.worldactiononsalt.com) Email: [wash@sgul.ac.uk](mailto:wash@sgul.ac.uk)

- **The International Confederation of Dietetic Association.**

Please visit the ICDA website for more information about this organisation. The discussion forum including a renal forum, the ICDA News Letter “Dietetics Around the World” and other information are found on : [www.internationaldietetics.org](http://www.internationaldietetics.org)  
NB There are no restrictions to membership, this means that any dietitian from any country can apply and access the website. The discussion and renal forum will therefore be an excellent opportunity to network across the globe and help you to get your questions answered.

This year’s Congress was held early September in Yokohama, Japan:

[www.dietitians.or.jp/icd2008](http://www.dietitians.or.jp/icd2008)

**USEFULL WEBSITES:**

**NEW June 2008: European Food Composition Databank Systems (EuroFir)**  
[www.eurofir.net](http://www.eurofir.net) for general information and  
[www.eurofir.org/eurofir](http://www.eurofir.org/eurofir) to browse the network. To log in: Username is EurofirPartner and password is letmein. More details to follow at the end on June. A subscription fee will be charged once the foundation has been established later this month. This databank will have eventually store information from all over the world.

**NEW Educational Tools:**

[www.fosrenol.com](http://www.fosrenol.com) Free copies are only available on line in USA. Contact your local Shire representative for more details.

**Donna Morton de Souza RD** from USA developed a range of helpful educational tools for patients education. Her website is: [www.renalrd.com](http://www.renalrd.com)

**Seize Chronic Kidney Disease (for dietitians, nurses, social workers and technicians:** [www.seizeCKD.org](http://www.seizeCKD.org) and [www.atoz.org](http://www.atoz.org) for patient’s information.

**European Food Information Council:** [www.eufic.org](http://www.eufic.org)

**IFKF Website** [www.ifkf.net](http://www.ifkf.net) see under website links for useful information for professionals and patients

**ASPEN American Society of Parenteral and Enteral Nutrition :** [www.aspen.org](http://www.aspen.org)

**ESPEN European Society of Parenteral and Enteral Nutrition** [www.espen.org](http://www.espen.org)

**DIETS Dietitians Improving Education Training Standards**

[www.thematicnetworkdietetics.eu/everyone](http://www.thematicnetworkdietetics.eu/everyone)

**Canadian Association of Nephrology Dietitians:** [www.renalrd.org](http://www.renalrd.org)

## **PUBLICATIONS:**

### **NEW: Nutrition in Kidney Disease ISBN 978-1-781-5**

Published by Springer and written by Specialist Renal Dietitians from USA.

Price: Euro 114.95, \$ 149.00, SFr 200.50, £ 88.50. Also see website:

[www.springer.com/humana+press/book978-1-58829-781-5?detailsPage=toc&cm\\_mmc=AD--enewsEXT--HUM1604--0](http://www.springer.com/humana+press/book978-1-58829-781-5?detailsPage=toc&cm_mmc=AD--enewsEXT--HUM1604--0)

Or contact Springer in USA; order department PO Box 2485 Secaucus, NJ 07096-2485 Email: [orders-ny@springer.com](mailto:orders-ny@springer.com)

Europe: Springer, Distribution Center GmbH, Haberstrasse 7, 69126 Heidelberg, Germany Email : [SDC-bookorders@springer.com](mailto:SDC-bookorders@springer.com)

### **Nutrition and Kidney Disease: A New Era** (Authors from Japan)

[www.karger.com](http://www.karger.com)

- **Books for professionals and renal patients** (United Kingdom)

[www.class.co.uk/books-kidneys-57](http://www.class.co.uk/books-kidneys-57)

- **Nutricion Clinica en Insuficiencia Renal Cronica y Transplante Renal.** Edited by Dr A. Trevino Beccera and published by Editorial Prado Mexico DF in 2006. This book is written in Spanish. ISBN 968- 6899- 91- X.
- **The European Best Practice Guidelines for Peritoneal Dialysis (including Nutrition) (ERA-EDTA)** were published in Nephrolog Dialysis Transplantation, Volume 20 (December 2005) Supplement 9.
- **Vitamin Metabolism and Requirements in Renal Disease and Renal Failure.**

**In Nutritional Management of Renal Disease ; Kopple JD and Massry SG, editors, 2<sup>nd</sup> edition, 2004. Lipincott Williams and Wilkins, Philadelphia, USA.**

- **Management of the Renal Patient: Clinical Algorithms on Nutritional Status and its Relationship to Inflammation** has been published by Pabs Science Publishers and supported by Fresenius Medical Care.

This publication and other publications in the “Good Nephrological Practice” are available free of charge from Fresenius Medical Care, Medicine and Marketing, Else Kroner Straszze 1, D-61346 Bad Homburg, Germany. Obtain order form by contacting FMC-AG by email: [med.sci@fmc-ag.de](mailto:med.sci@fmc-ag.de) and access their website: [www.fmc-ag.com](http://www.fmc-ag.com)

- **Renal Nursing 3rd edition (2007), published by Elsevier/ Harcourt Sciences,**

ISBN 0 7020 2642 5. This book suitable for all renal Health Care Professionals including dietitians, can be obtained from the Elsevier Science Website: [www.elsevierhealth.com](http://www.elsevierhealth.com) , click on search and type in renal nursing and relevant information follows.

- **Management of Diabetic Nephropathy, edited by Boner and Cooper.** This book has now been published by Martin Dunitz Ltd United Kingdom in 2003, ISBN 1 84184 076 9 and includes comprehensive information on the dietary aspects of Diabetic Nephropathy based on current guidelines.

Visit the Website [www.dunitz.co.uk](http://www.dunitz.co.uk) and look under new titles.

**Distribution in USA:** Fulfilment Center, Taylor & Francis, 10650 Toebben Drive, Independence KY 41051 USA, Tel: +1 800 634 7064 (toll free), Email: [taylorandfrancis@thomsonlearning.com](mailto:taylorandfrancis@thomsonlearning.com)

**Distributed in Canada:** Taylor & Francis, 74 Rolark Drive, Scarborough, Ontario, M1R 4G2, Canada, Tel +1 877 226 2237 (toll free), Email: [tal\\_fran@istar.ca](mailto:tal_fran@istar.ca)

**Distributed in the rest of the world:** Thomson Publishing Services, Cheriton House, North Way, Andover, Hampshire, SP10 5BE, UK  
Email: [salesorder.tandf@thomsonpublishingservices.co.uk](mailto:salesorder.tandf@thomsonpublishingservices.co.uk)

- **A Practical Guide to Renal Dietetics. Updated September 2004**

This Guide was edited by Gillian Simpson RD, Specialist Renal Dietitian of the Renal Nutrition Group of the British Dietetic Association and contains Protein and Potassium Exchange lists and other dietary information for Renal Patients. This Guide is available in CD Rom format and costs £26.- (Pound Sterling) including postage and packing. Please contact: Mrs Yvonne Bradburn, Department of Nutrition and Dietetics, Birmingham Heartlands Hospital, Bordesley Green East, Birmingham, B9 5SS, UK. Email: [Yvonne.bradburn@heartofengland.nhs.uk](mailto:Yvonne.bradburn@heartofengland.nhs.uk)

- **A Food Phosphate Guide for Kidney Patients:**

Edited by Winnie Chee Siew Swee PhD, RD and Tilakavati Karupaiah APD, RD Department of Nutrition and Dietetics, Faculty of Allied Health Sciences, University of Kebangsaan, Kuala Lumpur, Malaysia. For a copy please contact Leo Pharmaceutical Products, Malaysian Office, c/o Diethelm(M) Sdu.Bhd, 74 Jalan University, 46200 Petaling Jaja, Selangor, Malaysia. Fax: + 60 7957 6599 and email: [leomh@tm.net.my](mailto:leomh@tm.net.my)

**Recent Publications of interest:**

NJM Cano et al. (2007) Intradialytic parenteral nutrition does not improve survival in malnourished hemodialysis patients a 2-year multicentre, prospective randomized study. Journal of American Society of Nephrology. **18**, 2583-2591.

**CONFERENCES AND MEETINGS OF INTEREST TO DIETITIANS  
WORKING WITH KIDNEY PATIENTS**

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**CONFERENCES IN 2009:**

**March:**

- The Annual Spring Meeting will be held from 24-28 March at the Gaylord Opryland, Nashville TN, USA. See website NKF for further details: [www.kidney.org](http://www.kidney.org)

**May**

- The 66<sup>th</sup> ERA-EDTA Congress and the World Congress of Nephrology(WCN) will both be held simultaneously in Milan, Italy from 22-26 May [www.wcn2009.org](http://www.wcn2009.org)

**September**

- The 38<sup>th</sup> EDTNA-ERCA Conference will be held in Hamburg, Germany from 5-8 September [www.edtnaerca.org](http://www.edtnaerca.org)

### **CONFERENCES IN 2010:**

#### **April:**

- The annual NKF Spring Meeting will be held from 13-17 April at the Walt Disney World Swan and Dolphin, Orlando, FL, USA

#### **May:**

- The 15<sup>th</sup> International Congress on Nutrition and Metabolism in Renal Disease, Lausanne, Switzerland from 25-28 May.

[www.isrnm-lausanne2010.org](http://www.isrnm-lausanne2010.org)

### **CONFERENCES IN 2011**

#### **April**

- The annual NKF Spring Meeting will be held from 26-30 April at the MGM Grand Hotel, Las Vegas, NV, USA

#### **Newsletter Editor:**

Marianne Vennegoor RD (18 September 2008)