



HIGH
BLOOD PRESSURE.
DIABETES.
PROCRASTINATION.
THREE
THINGS THAT CAN
LEAD TO
KIDNEY
DISEASE.

If you have diabetes, high blood pressure or a family history of kidney disease, you're at risk for kidney disease. And the longer you put off getting screened, the bigger that risk becomes. So talk to your doctor about getting a kidney screening. Kidney health is essential to life. And early detection can mean saving yours. The National Kidney Foundation offers free screenings all around the country. Just check our website to find one near you. The worst thing you can do for your kidneys is nothing. kidney.org.



**National Kidney
Foundation**

LOVE YOUR KIDNEYS