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KDOQI TO UPDATE DIABETES GUIDELINE

New York, NY (February 5, 2010) – The National Kidney Foundation announced today plans to update its [*KDOQI Clinical Practice Guideline for Diabetes and Chronic Kidney Disease*](#), first published in 2007.

“A revised diabetes and chronic kidney disease guideline will include recent studies focusing on the management of hyperglycemia such as the ACCORD (Action to Control Cardiovascular Risk in Diabetes) trial; we are aiming to complete the update process within a year, to ensure that practitioners and patients benefit from new knowledge as soon as possible. A draft is expected to be available for public review by January 2011,” said KDOQI Chair, Michael Rocco, MD of Wake Forest School of Medicine in North Carolina.

The work group is currently being assembled by Co-Chairs, Drs. Katherine Tuttle and Robert Nelson, who will return to their leadership positions. “Our understanding of the diagnosis and management of diabetic kidney disease (DKD) is evolving rapidly and we want to ensure that the KDOQI guidelines reflect current knowledge. Moreover, findings from several recent trials suggest that certain drug treatment strategies widely believed to be beneficial for diabetic patients may in fact offer little benefit and may, in some settings, even be harmful,” says Guideline Co-Chair, Dr. Tuttle, Medical and Scientific Director of Research at Providence Medical Research Center in Spokane, Washington.

Guideline Co-Chair, Dr. Rob Nelson, Staff Clinician at the National Institute of Diabetes and Digestive and Kidney Diseases added, “Emphasis on DKD prevention is reinforced

by current evidence demonstrating long-term benefits of healthy lifestyle changes to reduce risk of type 2 diabetes, the root cause of most DKD. By updating the guidelines to incorporate such new information, we seek to ensure that KDOQI remains an essential resource to clinicians in the management of their patients with and at risk for diabetic kidney disease.”

The KDOQI Evidence Review Team is currently assessing the literature before the work group begins writing. This process will be followed by a public review of the draft before its final publication next year. “A thorough review of current literature inevitably identifies new questions that need to be addressed. Since investigators pay close attention to the research recommendations published with KDOQI guidelines, an update of these recommendations is fundamental to the guidelines update process. Guideline development and research data generation are iterative processes that should feedback to inform and update one another on an ongoing basis,” said Jeffrey Berns, MD of University of Pennsylvania School of Medicine and KDOQI’s Vice Chairs for guidelines.

About the National Kidney Foundation

The National Kidney Foundation is a major voluntary health organization dedicated to preventing kidney and urinary tract diseases, improve the health and well-being of individuals and families affected by these diseases, and increase the availability of all organs for transplantation. For more information visit www.kidney.org

About KDOQI and KDOQI Leadership

The Kidney Disease Outcomes Quality Initiative or (NKF KDOQI)[™] provides evidence-based clinical practice guidelines developed by volunteer physicians and health care providers for all stages of chronic kidney disease and related complications, from diagnosis to monitoring and management. For more information visit www.kdoqi.org

Under KDOQI Chair, Michael Rocco, MD of Wake Forest University in North Carolina, KDOQI ‘s projects are directed by four vice chairs: Jeffrey Berns MD, of the University Of Pennsylvania School Of Medicine, is vice chair of guidelines and commentaries, Holly Kramer MD, of Loyola University School of Medicine, is vice chair for research, and Joseph Nally MD, of the Cleveland Clinic, is vice chair for public policy, and KDOQI Education Chair, Michael J. Choi MD, of Johns Hopkins University School of Medicine.