

Dining in or out...eating made easy!

“Kidney Cuisine for the Holidays”

A NKF Patient Education Program

*A special demonstration for chronic kidney disease patients,
their families and professionals*

SUNDAY, NOVEMBER 15, 2009

At 2:00 p.m.

Baptist Temple Church Community Room
1101 Clover Street
Rochester, NY 14610

Presentation by:

- *Dan Eaton, host of YNN’s popular “Cooking at Home” program will be the featured chef.*
- *Lorraine Serpe, owner of Lorraine’s Lunch Basket, presents “kidney-friendly” recipes.*

Topics Include:

- Healthy food alternatives unique to patients with CKD
- Demonstration, preparation and sampling simple kidney cuisine
- Holiday preservation & presentation – coping skills for mind and body

RESERVE YOUR SEAT TODAY!
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National Kidney Foundation™

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