



# National Kidney Foundation™

Serving the NATIONAL CAPITAL AREA



## Kidneys for Life

An educational program promoting kidney health for living and for a lifetime.

Kidneys For Life is a primary care provider education program designed to educate physicians and their staff on the early identification, testing and managing of chronic kidney disease (CKD) stages 1-3 and the associated morbidities of CKD such as diabetes, hypertension and cardiovascular disease.

Target audience including: primary care/general/internal, physicians assistants, and nurses.

### Program Benefits:

- 1 hour CME credit provided
- Program tailored to small or large groups
- **Convenience**-program is delivered at clinics, health care centers, local hospitals and physician offices in the metropolitan area-WE COME TO YOU!
- **Time**-Early morning, lunchtime, staff meetings, and grand rounds-VERY FLEXIBLE!
- **Refreshments** will be provided
- Participants will receive an educational resource packet loaded with tools to assist all primary care providers. Useful resources include: Copy of the presentation slides, several pocket tools, educational handouts and brochures, eGFR calculator, and a list of useful internet websites.

### Program Objectives:

- Review the prevalence and causes of CKD in the US.
- Review the K/DOQI definition and classification of CKD to better identify patients at risk of CKD.
- Improve understanding of CKD, its risk factors and relationship to co-morbid conditions, such as cardiovascular disease, hypertension, diabetes and obesity.
- Increase use of strategies and treatments to delay or prevent kidney failure in patients with CKD.
- Promote a multi-disciplinary, coordinated, and integrated approach to care.