

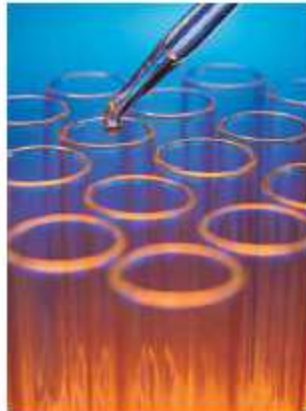


Catalog of Resources



Information
You
Need.

From
People
You
Trust.



NKF National Kidney Foundation®
Of the National Capital Area

Making Lives Better

INTRODUCTION

The National Kidney Foundation is a principal authority in chronic kidney disease (CKD). In April 2003, the NKF launched its Kidney Learning System (KLS) which is focused on education, early patient identification, prevention, and clinical applications that improve outcomes.

What people need to know about CKD is different depending on the stage. Therefore, all KLS materials are categorized by CKD stages along the continuum of care. This is consistent with the accepted medical classification of CKD:

At increased risk (having risk factors for CKD, i.e., diabetes, high blood pressure, family history of CKD)

Stage 1. Kidney damage with normal GFR (>90)

Stage 2. Kidney damage with mild decrease in GFR (60-89)

Stage 3. Moderate decrease in GFR (30-59)

Stage 4. Sever decrease in GFR (15-29)

Stage 5. Kidney failure (GFR <15)
Kidney transplantation

To visit the KLS, log onto
www.kidney.org/cls

Special Symbols

C CONSUMER | PATIENT MATERIAL
P PROFESSIONAL MATERIAL
A ALL AUDIENCES
S AVAILABLE IN SPANISH
L AVAILABLE IN LARGE PRINT



THE NKF MISSION

To prevent kidney and urinary tract diseases, to improve the health and well being of individuals and families affected by these diseases, and to increase the availability of all organs for transplantation.

WHO WE ARE

The National Kidney Foundation of the National Capital Area (NKF/NCA) is a nonprofit, voluntary health organization that was established on January 8, 1956, as the Greater Washington Area Chapter of the National Nephrosis Foundation. In 1964, the Foundation changed its name to the National Kidney Foundation of the National Capital Area.

For nearly 50 years, the Foundation has made great strides in the quest to understand, prevent, and treat diseases of the kidney and urinary tract. These diseases currently affect more than 20 million Americans, with 20 million more at risk. One of our major priorities is to detect these diseases early and prevent the onset of kidney disease for as many people as possible. For patients who already have the disease, we are working to ensure that they receive quality care.

Our work is funded through donations from individuals, corporations, foundations, and the United Way and Combined Federal Campaigns. These donations fund our ongoing work in research, patient and community services, public and professional education, and organ donation programs. The National Kidney Foundation of the National Capital Area serves the District of Columbia, Suburban Maryland, and Northern Virginia, and is one of 49 NKF affiliates nationwide. The national organization is headquartered in New York City, has satellite offices in Kansas City, Missouri, and Washington, DC, and enjoys the services and support of more than 30,000 volunteers nationwide.

www.kidneywdc.org

BOOKS, VIDEOS, & LITERATURE

Produced by the National Kidney Foundation of the National Capital Area

Donating Your Kidney...What's It All About?

When a family member or friend is in need of a healthy kidney, the possibility of living donation is the best chance for rehabilitation and long-term survival. Donating a kidney is a major decision and donors should know as much as possible about the risks and benefits to both the recipient and the donor before proceeding. This booklet will answer many of the questions and concerns regarding those risks, the cost, who can donate, the tests, the donation process, recovery, and more.

BOOKLET, 12 PAGES

A \$65 per hundred

Urinary Tract Infections: A Guide for Women

This basic brochure describes the signs of UTIs that women should look for, and how to treat and prevent them. Low literacy brochure with helpful graphics.

BROCHURE, 4 pages

AS \$25 per hundred

Giving Life Twice

Meet the Johnson family from Ashburn, Virginia, and hear their amazing story. Scott and Carolyn Johnson's world was turned upside-down when they discovered in 2000 that both of their children had kidney disease and each would require a kidney transplant. The Johnsons turned to the National Kidney Foundation and tapped into a network of knowledge and support. Discovering that living donation would be the best treatment for their children, Scott and Carolyn each donated a kidney – Scott to their son Matthew, and Carolyn to daughter Chelsey. Both children are doing wonderfully now. Scott said if he had 10 kidneys, he would donate nine to help those in need...the process was that easy and rewarding.

VHS Video, 5 minutes, 16 seconds, 2004

A \$10

The Life of Riley

During a routine check-up as she entered the fifth grade, Riley Fisher's pediatrician noticed some things in her record that warranted further testing. The Fishers sought the help of a pediatric nephrologist who diagnosed Riley with kidney disease. In spring 2002, after nearly three years on medication, the improvements in Riley's kidney function began to wane-deteriorating to a point that made transplant a necessity. In June 2002, Riley became the first pediatric kidney transplant recipient at the National Institutes of Health thanks to the donation of her uncle's kidney. Hear Riley's story and meet her family, her nephrologist, Dr. Lynne Yao, and NIH medical director of transplantation, Dr. Roslyn Mannon.

VHS VIDEO, 6 minutes, 22 seconds, 2003

A \$10

Just a Regular Kid

Meet Becky Scheip, a regular 10-year-old girl who likes soccer and karaoke and dreams of one day becoming a teacher or veterinarian. Becky was diagnosed with chronic kidney failure at the age of 3, but thanks to her physician, Dr. Glenn Bock, she lives a happy, normal life. Becky is one of 4,800 individuals in the Washington, DC area on dialysis. The Washington, DC area leads the nation in the prevalence of kidney disease, but the National Kidney Foundation is working every day to make lives better for people affected by kidney disease, including Becky – just a regular kid.

VHS VIDEO, 4 minutes, 2002

A \$10

For NKF Affiliates:

Doobie Brothers on Organ Donation Public Service Announcement

The legendary Doobie Brothers are featured in this 30 second Public Service Announcement advocating organ donation and promoting the National Kidney Foundation.

BETA-SP VIDEO, 30 seconds, 2003

NKF AFFILIATES \$100

Patient Education Handbook & Video Purchase the set for \$25

Winning the Battle Against Kidney Disease: A Patient Handbook

This handbook is for kidney patients and their families. For new kidney patients, it provides invaluable information on understanding medical terms, kidney failure and its treatment, dialysis treatment, transplantation, and nutrition. A resource section helps patients to navigate the complexities of Medicare, Social Security Disability Income, private insurance, and other financial resources available to them.

HANDBOOK, 49 pages, 2000

C \$15

Winning the Battle Against Kidney Disease: Three Success Stories

An excellent resource for new kidney patients, this video features three kidney patients discussing their diagnosis and mode of treatment including hemodialysis, peritoneal dialysis, and kidney transplantation.

VHS VIDEO, 12 minutes, 2002

C \$15

NKF CATALOG OF RESOURCES

About CKD: A Guide for Patients and Their Families

This booklet includes information about the five stages of chronic kidney disease according to the CKD guidelines. It also includes causes, risk factors, evaluation and management of CKD.

CS \$1.25 each | 11-50-0160

Also in Spanish | 11-50-0166

STAGES 1-5

About Kidney Stones

Defines and describes the causes of kidney stone formation, symptoms, diagnosis, treatments and possible preventive techniques. Diagram included.

BROCHURE, 12 PAGES.

C \$22.00 per 100 | 11-10-0207

PUBLIC EDUCATION

About Organ and Tissue Donation

Presents an overview of the importance of organ and tissue donation, tells who receives transplants and how to sign an organ donor card and answers common questions.

AS \$36.00 per 100 | 13-10-0601

Also in Spanish | 13-10-0625

PUBLIC EDUCATION

Advance Directives: A Guide for Patients and Families

An advance directive is a legal document stating how an individual would want decisions made concerning medical care if he or she were no longer able to make them. This booklet describes the different types of advance directives, tells what kinds of medical decisions they may cover and gives directions for writing an advance directive.

BROCHURE, 12 PAGES.

C \$19.00 per 50 | 11-10-0803

STAGE 5

Anemia of CKD: Clinical Practice Guidelines Book

This resource contains the full text of the K/DOQI 2000 update anemia guidelines in book format.

P \$15.00 each | 12-50-0147

STAGES 3-5

Anemia of CKD: Quick Reference Clinical Handbook

Highlights all anemia guidelines included in the K/DOQI 2000 update for the treatment of anemia of chronic kidney disease.

P \$8.00 each | 12-50-0139

STAGES 3-5

Are You At Increased Risk for CKD?

Explains the importance of the kidneys and identifies those who are at increased risk for developing CKD. The brochure helps readers spot the warning signs for kidney disease, and gives advice on how to slow or prevent the progression of CKD.

BROCHURE, 16 PAGES.

CS \$27.00 per 100 | 11-10-1814

Also in Spanish | 11-10-1816

AT INCREASED RISK

Bill of Rights and Responsibilities for Transplant Recipients

The NKF transAction Council, together with 14 other transplant organizations, worked together to design and write a poster and accompanying booklet for transplant recipients and professionals. These documents provide suggestions and information about how transplant recipients can effectively partner with transplant health care professionals to receive the care they need.

C BOOKLET \$33.00 per 100 | 11-70-0654

C POSTER \$5.00 each | 11-70-0655

TRANSPLANT

Bone Metabolism and Disease in CKD: Supplement to the American Journal of Kidney Diseases October 2003

This supplement to the AJKD includes the complete text of the clinical practice guidelines for Bone Metabolism and Disease in Chronic Kidney Disease.

P \$25.00 | 12-50-2242

STAGES 3-5

Brain Death: A Simple Explanation

Defines and explains brain death for the families of one who has been declared brain dead. Answers common questions and explains the option of organ donation.

BROCHURE, 16 PAGES.

AS \$27.00 per 100 | 13-60-0620

Also in Spanish | 13-60-0619

PUBLIC EDUCATION

NKF CATALOG OF RESOURCES

Choosing a Treatment for Kidney Failure

Written to help those approaching kidney failure choose among treatment options, including hemodialysis, peritoneal dialysis and transplant. Also answers questions about how treatments are paid for and about how adhering to the prescribed diet, medicines and exercise program can help patients feel their best.

BROCHURE, 16 PAGES.

C \$27.00 per 100 | 11-10-0352
STAGES 4-5

CKD CD-ROM

This interactive CD-Rom contains the complete text of the clinical practice guidelines for CKD.

P \$25.00 | 12-50-0151

AT INCREASED RISK, STAGES 1-5

CKD: Evaluation, Classification and Stratification Caddy

This specially designed, boxed set of six tools includes: an executive summary along with the full text of the clinical practice guidelines for CKD; a professional education resource entitled Quick Reference Clinical Handbook for the Evaluation, Classification and Stratification of CKD; a booklet called About Chronic Kidney Disease: A Guide for Patients and Their Families; a colorful, full-size wall chart containing key CKD guideline information to hang in the office; and five pocket cards addressing clinical protocols. Clinicians will find this comprehensive resource extremely helpful.

P \$60.00 | 12-50-0150

STAGES 1-5

CKD: Evaluation, Classification and Stratification: Clinical Practice Guidelines Book

This resource includes the full text of the CKD guidelines in book format.

P \$25.00 each | 12-50-0156

STAGES 1-5

CKD Evaluation, Classification and Stratification Executive Summary

This book contains an expanded executive summary of the CKD guidelines.

P \$10.00 | 12-50-0155

AT INCREASED RISK, STAGES 1-5

CKD: Evaluation, Classification and Stratification Quick Reference Clinical Handbook

This handbook is designed to help clinicians integrate the guidelines into the patient care process. All guideline statements are noted in bold. Guideline rationales are abbreviated to facilitate quick reference by nurses, dietitians, social workers and technicians.

Clinicians will find these resources helpful in orienting staff.

P \$8.00 | 12-50-0159

AT INCREASED RISK, STAGES 1-5

CKD: Evaluation, Classification and Stratification: Supplement to the American Journal of Kidney Diseases February 2002

This supplement to the AJKD includes an executive summary and the complete text of the clinical practice guidelines for CKD.

P \$25.00 | 12-50-0149

STAGES 1-5

CKD in Children & Adolescents Speaker's Guide

This speaker's guide, designed for CKD presentations to a professional audience, contains 49 PowerPoint slides with scripted speaker notes to highlight select recommendations and rationale information as they pertain to the care of children and adolescents with CKD.

P \$50.00 | 12-50-0154

STAGES 1-5

CKD Pocket Cards

This set of five pocket cards includes clinical protocols related to CKD management.

P \$5.00 | 12-50-0158

AT INCREASED RISK, STAGES 1-5

CKD Quick Reference Clinical Handbook

This handbook is based on select guidelines from the 2000 Update for HD, PD, VA and anemia that apply to CKD patients in stage 5 who are not on dialysis and those in stages 3 and 4.

P \$8.00 | 12-50-0133

STAGES 1-4

CKD Speaker's Guide

This speaker's guide, designed for CKD presentations to a professional audience, contains 122 PowerPoint slides with scripted speaker notes to highlight specific recommendations and rationale information from the CKD Guidelines.

P \$60.00 | 12-50-0152

AT INCREASED RISK, STAGES 1-5

NKF CATALOG OF RESOURCES

CKD Wall Chart

This 32" x 24.5" colorful wall chart highlights key CKD guideline information.

P \$14.00 | 12-50-0157

AT INCREASED RISK, STAGES 1-5

Coping Effectively: A Guide for Patients and Their Families

Explains the available treatments, the patient's responsibilities, the importance of getting the right amount of dialysis, and issues of work, exercise, travel and relationships. As the title indicates, it 15 discusses dealing with the stress and emotional issues that affect dialysis and transplant patients and in turn, their families. Includes sections on patients who are children, teenagers, parents or elderly.

BROCHURE, 36 PAGES.

C \$25.00 per 50 | 11-10-0503

STAGES 4-5

Diabetes and CKD

Explains the connection between diabetes and kidney disease, covering prevention, recognition and treatment options. Also discusses treatments for people with kidney failure due to diabetes, including kidney and pancreas transplants, hemodialysis and peritoneal dialysis.

BROCHURE, 12 PAGES.

CS \$27.00 per 100 | 11-10-0209

Also in Spanish | 11-10-0242

AT INCREASED RISK, STAGES 1-5

Diabetes and CKD: A Guide for American Indians and Alaska Natives

Discusses diabetes as a leading cause of kidney failure among American Indians and Alaska Natives and provides information on how to prevent diabetes and keep it under control if diagnosed with it. Also draws on personal experience by profiling three American Indians with diabetes who have not let it hamper their way of life.

BROCHURE, 12 PAGES.

C \$33.00 per 100 | 11-10-0280

AT INCREASED RISK, STAGES 1-5

Dialysis Report Card Pad

This tool is used to help patients who are on dialysis track important lab values and visualize where they stand in relation to established goals of treatment.

It can also be used to initiate dialogue essential in providing individualized patient education. The reverse side of the card includes an explanation of the tests listed.

50 SHEETS PER PAD.

C \$7.00 | 11-50-0109

STAGE 5

Dialysis Patients' Bill of Rights and Responsibilities

Lists and explains the rights and responsibilities that every dialysis patient should be aware of. The text was developed and approved by NKF Patient and Family Council, the NKF professional councils, as well as CMS and other organizations from the dialysis and transplant communities.

BROCHURE, 12 PAGES

C \$19.00 per 50 | 11-65-1639

STAGE 5

Dining Out With Confidence

Tells kidney patients how to choose the appropriate foods when they eat out. It includes helpful hints for specialized or ethnic restaurants as well as guidelines for specific meals or courses.

BROCHURE, 24 PAGES.

CL \$27.00 per 100 | 11-10-0405

STAGE 5

Fabry Disease: A Guide for Patients and Their Families

A genetic disorder, Fabry disease affects the kidneys and other body systems but can be hard to diagnose because it is uncommon. This brochure details the symptoms and paths to diagnosis and offers tips for coping with the condition.

BROCHURE, 12 PAGES

C \$19.00 per 50 | 11-10-0208

AT INCREASED RISK

Focused Psychosocial Assessment Tool

This tool was developed by the Council of Nephrology Social Workers (CNSW) to help nephrology social workers assess patient barriers to the treatment outcomes recommended by the K/DOQI 2000 Updates for hemodialysis adequacy, peritoneal dialysis adequacy, anemia, vascular access and nutrition in CRF.

The focused assessment that results from the use of this tool should guide the nephrology social worker's intervention with patients and collaboration with the interdisciplinary team to optimize treatment outcomes.

BOOKLET, 16 PAGES.

P \$8.00 | 12-50-0138

STAGE 5

Getting the Most From Your Treatment: What You Need to Know About Anemia

This informational booklet introduces patients and their families to the recommendations on anemia of CKD.

C \$1.25 | 11-50-0113

STAGES 3-5

NKF CATALOG OF RESOURCES

Getting the Most From Your Treatment: What You Need to Know About Hemodialysis

This informational booklet introduces patients and their families to the recommendations on hemodialysis adequacy.

CS \$1.25 | 11-50-0110

Similar item in Spanish | 11-10-0311

STAGE 5

Getting the Most From Your Treatment: What You Need to Know About Peritoneal Dialysis

This informational booklet introduces patients and their families to the recommendations on peritoneal dialysis adequacy.

C \$1.25 | 11-50-0111

Similar item in Spanish | 11-10-0344

STAGE 5

Getting the Most From Your Treatment: What You Need to Know About Your Access

This simple, easy-to-understand booklet introduces patients and their families to the recommendations on hemodialysis access.

C \$1.25 | 11-50-0112

STAGES 4-5

Get the Facts on Diabetes

Two-part, wallet-sized personal log for blood sugar levels, with space for two weeks of readings. Includes warning signs of kidney and urinary tract diseases.

CARD.

C \$8.00 per 100 | 11-10-0237

AT INCREASED RISK, STAGES 1-5

Get the Facts on High Blood Pressure

Two-part, wallet-sized personal high blood pressure record card with space for one month of readings. Includes warning signs of kidney and urinary tract diseases.

CARD.

C \$8.00 per 100 | 11-10-0211

AT INCREASED RISK, STAGES 1-5

Glomerulonephritis

Detailed discussion of signs, causes, symptoms, diagnosis, prevention and treatment for acute and chronic glomerulonephritis and nephrotic syndrome.

BROCHURE, 8 PAGES.

C \$22.00 per 100 | 11-10-0210

AT INCREASED RISK, STAGES 1-5

The Health Care Team

Defines and describes various members of the dialysis/transplant patient's health care team and their roles in the treatment process. Discusses nephrologists, transplant physicians, transplant surgeons, social workers, nurses, technicians, dietitians, clinical transplant coordinators and donor coordinators.

BROCHURE, 6 PAGES.

C \$19.00 per 100 | 11-10-0802

STAGE 5

Health Facts for Teens with CKD: What You Should Know About Lipids

Targets a younger audience in explaining lipids and how to keep them under control.

CS \$29.00 per 100 | 11-50-2109

Also in Spanish | 11-50-2193

STAGES 1-5, TRANSPLANT

Hemodialysis Adequacy: Clinical Practice Guidelines Book

This resource contains the full text of the 2000 update for hemodialysis in book format.

P \$15.00 | 12-50-0144

STAGE 5

Hemodialysis Adequacy Quick Reference Clinical Handbook

This handbook helps clinicians (nurses, dietitians, social workers and technicians) integrate the hemodialysis guidelines into the patient care process and orient staff to the guidelines.

P \$8.00 | 12-50-0161

STAGE 5

High Blood Pressure and Your Kidneys

Describes hypertension and kidney disease and control of blood pressure.

BROCHURE, 12 PAGES.

CS \$27.00 per 100 | 11-10-0204

Also in Spanish | 11-10-0241

AT INCREASED RISK

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If You Choose Not to Start Dialysis Treatment

Discusses the individual's right not to start dialysis if the burdens seem to outweigh the benefits. Explains advance directives and the process of naming a surrogate. Also answers commonly asked medical, ethical and practical questions, such as availability of hospice care and home health care workers. Provides a checklist of important items to have in order, such as a will, signed advance directive, durable power of attorney, etc. BROCHURE, 12 PAGES.

CL \$19.00 per 50 | 11-10-0330
STAGES 4-5

Implementing Advance Directives: Suggested Guidelines for Dialysis Facilities

These guidelines have been written to enhance the dialysis facility's ability to provide the medical care sought by patients. It provides information about how to approach new and existing patients with information regarding advance directives, how advance directives should be documented and what to do when the facility is unable to implement a specific patient's advance directive. Includes a facility implementation checklist.

BOOKLET, 24 PAGES.

P \$2.00 | 12-10-0804
STAGE 5

Initiation or Withdrawal of Dialysis in End Stage Renal Disease: Guidelines for the Health Care Team

Guidelines intended to assist the medical community in formulating recommendations regarding initiation or withholding of dialysis therapy. This document is based on the concept that every patient (or the patient's surrogate if he or she lacks the capacity to make decisions regarding care) should be provided the opportunity to be actively and knowledgeably involved in decisions regarding care. Companion booklets on initiation and withdrawal are available for patients.

BOOK, 96 PAGES.

P \$13.00 | 12-10-0334
STAGE 5

It's Just Part of My Life: A Guide for Young Adults with CKD Booklet

Written for young people with chronic kidney failure, with special considerations for the challenges they face—time away from their friends because of dialysis, slower physical development and the emotional changes brought on by adolescence as well as kidney failure. Includes recipes to help make a kidney patient's diet more pleasant. With a glossary of terms and illustrations. BOOKLET, 16 PAGES.

C \$2.25 | 11-10-1901
STAGE 5

It's Just a Part of My Life: A Kid's View of Dialysis Video

For adolescent dialysis patients and their families. Narrated by adolescents, it features children and their parents discussing school, social life, diet, medication and medical problems, family changes and demands, and overall coping. VIDEO, 15 MINUTES.

C \$22.00 | 11-15-0507
STAGE 5

K/DOQI 2000 Updates and Nutrition Caddy

This specially designed boxed set includes six books: an executive summary of the 2000 Update, the full text of the HD, PD, vascular access and anemia recommendations, and the nutrition guidelines.

P \$60.00 | 12-50-0141
STAGES 3-5

K/DOQI 2000 Updates and Nutrition CD-ROM

This interactive CD-ROM contains the complete text of the updated guidelines for HD, PD, vascular access, treatment of anemia as well as the guidelines for nutrition in chronic renal failure.

P \$25.00 | 12-50-0125
STAGES 3-5

K/DOQI 2000 Updates: Supplement to the American Journal of Kidney Diseases January 2001

January 2001 supplement that includes the full text of the updated guidelines for HD, PD, vascular access and anemia management.

P \$25.00 | 12-50-0100
STAGE 5

Special Symbols

C	CONSUMER PATIENT MATERIAL
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NKF CATALOG OF RESOURCES

Keeping Your Heart Healthy When You Have CKD (Stages 1-4): What You Should Know About Lipids

Offers simple tips on how to reduce risk for heart disease by maintaining healthy blood lipid levels. Based on recommendations of the K/DOQI guidelines for managing dyslipidemias in CKD. For patients with chronic kidney disease in Stages 1-4.

BROCHURE, 24 PAGES.

CS \$1.25 | 11-50-2106

Also in Spanish | 11-50-2190

STAGES 1-4

Keeping Your Heart Healthy on Dialysis: What You Need to Know About Lipids

Offers simple tips on how to reduce risk for heart disease by maintaining healthy blood lipid levels. Based on recommendations of the K/DOQI guidelines for managing dyslipidemias in CKD. For patients with Stage 5 chronic kidney disease who are on hemodialysis or peritoneal dialysis.

BROCHURE, 24 PAGES.

CS \$1.25 | 11-50-2107

Also in Spanish | 11-50-2191

STAGE 5

Keeping Your Heart Healthy When You Have a Kidney Transplant: What You Should Know About Lipids

Offers simple tips on how to reduce risk for heart disease by maintaining healthy blood lipid levels. Based on recommendations of the K/DOQI guidelines for managing dyslipidemias in CKD. For kidney transplant recipients.

BROCHURE, 24 PAGES.

CS \$1.25 | 11-50-2108

Also in Spanish | 11-50-2192

TRANSPLANT

Kidney Transplant

Brochure that answers common questions about transplants, such as patient expectations, drug therapy, complications including rejection and recovery.

BROCHURE, 12 PAGES.

C \$25.00 per 100 | 11-10-0304

TRANSPLANT

Lab Log Pad

This tool is used to help patients with CKD that are not on dialysis keep track of their important lab values and visualize where they are in relation to goals set by the clinician. Using this tool will help patients become involved in their care. The reverse side of the card provides an explanation of the tests listed.

50 SHEETS PER PAD.

C \$7.00 | 11-50-0130

STAGES 1-4

Managing Dyslipidemias in CKD Caddy

This specially designed boxed set of 15 tools includes: the full text of the guidelines and executive summary; three quick reference handbooks for stages 1-4, stage 5 and transplant recipients; a pocket tool for treating patients with CKD and another for treating transplant recipients; and four targeted brochures for patient education, in English and Spanish.

P \$60.00 | 12-50-2100

STAGES 1-5, TRANSPLANT

Managing Dyslipidemias in CKD CD-ROM

This interactive CD-ROM contains the complete text of the clinical practice guidelines for Managing Dyslipidemias in CKD.

P \$25.00 | 12-50-2120

STAGES 1-5 TRANSPLANT

Managing Dyslipidemias in CKD: Clinical Practice Guidelines Book

This resource contains the full text of the Managing Dyslipidemias in CKD guidelines.

P \$25.00 | 12-50-2102

STAGES 1-5, TRANSPLANT

Managing Dyslipidemias in CKD: Clinical Practice Guidelines Executive Summary

This resource includes only the dyslipidemias guideline statements.

P \$10.00 | 12-50-2101

STAGES 1-5

Managing Dyslipidemias in CKD Pocket Tool

This 10-panel laminated pocket tool provides quick references for professionals managing dyslipidemias in CKD Stages 1-5.

P \$5.00 | 12-50-2110

STAGES 1-5, TRANSPLANT

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Managing Dyslipidemias in CKD (Stages 1-4): Quick Reference Clinical Handbook

This handbook helps physicians and clinicians (nurses, dietitians and social workers) integrate the dyslipidemias guidelines into the patient care process as they apply to patients in CKD Stages 1-4.

P \$8.00 | 12-50-2103
STAGES 1-4

Managing Dyslipidemias in CKD (Stage 5): Quick Reference Clinical Handbook

This handbook helps physicians and clinicians (nurses, dietitians, social workers and technicians) integrate the dyslipidemias guidelines into the patient care process as they apply to patients in CKD Stage 5.

P \$8.00 | 12-50-2104
STAGE 5

Managing Dyslipidemias in CKD: Supplement to the American Journal of Kidney Diseases April 2003

This supplement to AJKD includes the full text of the clinical guidelines for managing dyslipidemias in chronic kidney disease.

P \$25.00 | 12-50-2169
STAGES 1-5

Managing Dyslipidemias in Kidney Transplant Quick Reference Clinical Handbook

This handbook helps physicians and clinicians (nurses, dietitians and social workers) integrate the dyslipidemias guidelines into the patient care process as they apply to kidney transplant recipients.

P \$8.00 | 12-50-2105
TRANSPLANT

Managing Dyslipidemias in Kidney Transplant Recipients Caddy

This specially designed boxed set of five tools includes: the dyslipidemia guidelines full text and executive summary, a quick reference clinical handbook, a pocket tool and a brochure for transplant recipients in English and Spanish.

P \$30.00 | 12-50-2150
TRANSPLANT

Managing Dyslipidemias in Kidney Transplant Recipients Pocket Tool

This 8-panel laminated pocket tool provides quick references for professionals managing dyslipidemias in kidney transplant recipients.

P \$5.00 | 12-50-2171
TRANSPLANT

Nutrition and CKD

This booklet provides simple, easy-to-understand information from the nutrition guidelines for CKD patients in stages 3, 4 and 5 who are not on dialysis as well as for their families.

C \$1.25 | 11-50-0135
STAGES 3-5

Nutrition and Hemodialysis

This booklet provides simple, easy-to-understand information from the nutrition guidelines for CKD patients on hemodialysis and their families.

C \$1.25 | 11-50-0136
STAGE 5

Nutrition and Peritoneal Dialysis

This booklet provides simple, easy-to-understand information from the nutrition guidelines for CKD patients on peritoneal dialysis and their families.

C \$1.25 | 11-50-0140
STAGE 5

Nutrition and Transplantation

General overview of the changes in diet necessary after transplantation and while adjusting to different levels of medication: special diet, effect of medicine on diet, protein, carbohydrates, cholesterol, potassium and diabetes.

BROCHURE, 10 PAGES.

C \$25.00 per 100 | 11-10-0404
TRANSPLANT

Nutrition Guidelines: Supplement to the American Journal of Kidney Diseases June 2000

June 2000 supplement that includes the complete text of the guidelines for nutrition in chronic renal failure.

P \$25.00 | 12-50-0131
STAGES 3-5

Nutrition in Chronic Renal Failure Clinical Practice Guidelines Book

This resource contains the full text of the nutrition guidelines in book format.

P \$15.00 | 12-50-0148
STAGES 3-5

Nutrition in Chronic Renal Failure Quick Reference Clinical Handbook

Highlights all guidelines included in the K/DOQI clinical practice guidelines for nutrition in chronic renal failure.

P \$8.00 | 12-50-0134
STAGES 3-5

NKF CATALOG OF RESOURCES

Organ and Tissue Donor Program

A comprehensive description of the organ donor process that explains organ and tissue donation, brain death and becoming an organ donor. Explains and includes a Uniform Donor Card.

BROCHURE, 12 PAGES.

AS \$27.00 per 100 | 13-10-0604

Also in Spanish | 13-10-0636

PUBLIC EDUCATION

Peritoneal Dialysis Adequacy Clinical Practice Guidelines Book

This resource contains the full text of the 2000 Update for peritoneal dialysis guidelines in book format.

P \$15.00 | 12-50-0145

STAGE 5

Peritoneal Dialysis Adequacy Quick Reference Clinical Handbook

This handbook helps clinicians (nurses, dietitians, social workers and technicians) integrate the peritoneal dialysis guidelines into the patient care process and orient staff to the guidelines.

P \$8.00 | 12-50-0162

STAGE 5

Planning for Natural Disasters and Other Types of Emergencies: A Guide for Kidney Patients

Provides thorough instructions to kidney patients—those on all types of dialysis, those who have transplants and those with diabetes—on how to prepare for possible emergencies that could disrupt their treatment regimen. Special considerations for different kinds of disasters are addressed. An emergency meal plan and pages on which to write crucial information are included.

BOOKLET, 32 PAGES.

C \$19.00 per 50 | 11-10-0807

STAGE 5

Planning for Natural Disasters and Other Types of Emergencies: A Guide for Renal Facilities

Natural and man-made disasters can cause dialysis facilities to lose power or prevent personnel from getting to the units. This booklet helps facility Persistent protein in the urine is kidney disease. staff to prepare for such emergencies. Detailed sections on facility preparedness and patient preparedness, helpful lists and information forms, an emergency meal planning guide and a list of ESRD networks make this a vital resource for all dialysis facilities.

BOOKLET, 28 PAGES.

P \$2.00 | 12-10-0808

STAGE 5

Pocket Guide to Nutrition Assessment of the Patient With CKD, 3rd Edition

This concise pocket-sized book contains a collection of practical assessment tools and K/DOQI guidelines to evaluate the nutrition status and calculate the nutritional needs of the adult and pediatric patient with chronic kidney disease.

P CRN members: \$30 | 12-85-0946

Non-members: \$50

STAGES 3-5

Polycystic Kidney Disease

Defines PKD and describes people affected by the disease, hereditary predisposition, overview of symptoms, diagnostic testing procedures and their reliability, and treatment. Discussion of decreased kidney function, diet and exercise considerations. Research information included.

BROCHURE, 10 PAGES.

C \$25.00 per 100 | 11-10-0206

STAGES 1-5

Primer on Kidney Disease, 3rd Edition

A thorough review of kidney disease, fluid and electrolyte disorders, dialysis and kidney transplantation, kidney function in children and the aged, renal anatomy, glomerular diseases and the treatment of hypertension.

The Primer summarizes key information of practical value to all medical professionals caring for patients with kidney disease. Edited by Arthur Greenberg. Book, 512 pages.

P \$60.00 | 12-75-0260

S \$80.00 | 12-75-0258

AT INCREASED RISK, STAGES 1-5

Sexuality and CKD

Addresses possible sexual problems encountered by people with kidney disease, including decreased desire, impotence and fear of intimacy.

BROCHURE, 16 PAGES.

C \$29.00 per 100 | 11-10-0504

STAGE 5

Standards of Practice for Nephrology Social Work, 5th Edition

This practice guide reviews many areas of nephrology social work and is an essential educational tool for new nephrology social workers. It contains much of the information that has been developed by CNSW since 1973, and is a helpful resource to the seasoned nephrology social worker. Revised 2003.

P Members \$45.00 | 12-80-0934

Non-members \$50.00

STAGE 5

NKF CATALOG OF RESOURCES

Staying Fit with Kidney Disease

Provides some simple guidelines on exercising for people with CKD.

BROCHURE, 6 PAGES.

C \$25.00 per 100 | 11-10-0502

STAGES 1-5

Take Time to Talk: A Family Discussion Guide About Organ and Tissue Donation

Designed to give practical information and facts about organ and tissue donation and transplantation, along with suggestions about how to arrange a family discussion to talk about these end-of-life issues.

AS \$1.00 | 13-10-0647

Also in Spanish | 13-10-0650

PUBLIC EDUCATION

Travel Tips for Kidney Patients

Provides information for hemodialysis, peritoneal dialysis and transplant patients about how to prepare for travel. Gives tips about how to follow the diet and treatment during a trip and about how to arrange for dialysis treatments at other units.

BROCHURE, 16 PAGES.

C \$29.00 per 100 | 11-10-0513

STAGE 5

Uniform Donor Card

Wallet-sized card to be signed indicating desire to donate; half of the card to be given to the family, other half to be carried by the person wishing to be a donor.

CARD.

A \$8.00 per 100 | 13-10-0602

PUBLIC EDUCATION

Urinary Incontinence: Treating Loss of Urine Control

Overview of urinary incontinence including causes, prevalence and treatments (including drugs, behavioral. How well the kidneys are filtering blood, or glomerular filtration rate (GFR) is the best measure of kidney function. therapy, exercise, biofeedback, electrical stimulation and surgery).

BROCHURE, 8 PAGES.

C \$22.00 per 100 | 11-10-0202

PUBLIC EDUCATION

Urinary Tract Infections

Defines urinary tract infections, symptoms, causes, diagnoses and treatments. Discussion of recurrent urinary tract infections, at-risk groups, preventative steps and relation of urinary tract infections to kidney infections. Also includes overview of urinary tract infections in children. Diagram included.

BROCHURE, 10 PAGES.

C \$25.00 per 100 | 11-10-0205

PUBLIC EDUCATION

Vascular Access: Clinical Practice Guidelines Book

This resource contains the full text of the 2000 update for vascular access in book format.

P \$15.00 | 12-50-0146

STAGES 4-5

Vitamins and Minerals in Kidney Disease

Since a kidney diet limits some food groups, dialysis patients may not get all the vitamins and minerals they need each day. This brochure discusses which vitamins and minerals they have to pay close attention to and explains why they are important.

BROCHURE, 8 PAGES.

C \$22.00 per 100 | 11-10-0417

STAGE 5

Waiting for a Transplant

A book written by recipients and candidates full of emotional support and practical tips for candidates about how to survive the wait for a donor organ. It includes a section on living donation as well as a section about the tough question, what if the organ never comes?

C \$3.00 | 11-10-0656

STAGE 5

Warning Signs of Kidney and Urinary Tract Disease

A one-panel leaflet that lists the warning signs of kidney disease. Printed on glossy, light stock. Illustrated.

C \$12.00 per 100 | 11-10-0203

PUBLIC EDUCATION, AT INCREASED RISK

What Everyone Should Know About Kidneys and Kidney Disease

Describes the kidneys, kidney function and kidney disease, early diagnosis and treatment. Illustrated.

BROCHURE, 16 PAGES.

CS \$36.00 per 100 | 11-10-0101

Also in Spanish | 11-10-0102

PUBLIC EDUCATION, AT INCREASED RISK

www.kidneywdc.org

NKF CATALOG OF RESOURCES

What You Need to Know About Anemia and CKD

Explains symptoms, causes, evaluation and treatment of anemia of CKD.

CS \$22.00 per 100 | 11-10-0281

Also in Spanish | 11-10-0286

AT INCREASED RISK, STAGES 1-4

What You Need to Know About Urinalysis

Explains what the urinalysis test is, why it is conducted and what different results may mean. The emphasis is on early detection of potential problems with the heart or kidneys.

BROCHURE, 12 PAGES.

CS \$25.00 per 100 | 11-10-1815

Also in Spanish | 11-10-1817

AT INCREASED RISK

What You Should Know About Dialyzer Reuse: A Guide for Hemodialysis Patients and Their Families

Details how patients can reuse costly dialyzers and minimize risk. It lists the steps for preparing a dialyzer for reuse. It explains how to know if a dialyzer is working well or poorly, and how to be sure a patient is getting the right amount of treatment from a reused dialyzer.

BROCHURE, 8 PAGES.

CL \$11.00 per 50 | 11-10-0335

STAGE 5

What You Should Know About Dialyzer Reuse: A Guide for Renal Facilities

Covers the types of reuse programs; manual and automated processing; the benefits and risks of reuse; the importance of water quality and educating patients about the pros and cons of reuse; a step-by-step guide to dialyzer reprocessing and the procedure for preparing a reprocessed dialyzer for patient use. It summarizes what the Association for Advancement of Medical Instrumentation Guidelines High blood pressure causes kidney disease and kidney disease causes high blood pressure. Includes figures, tables, a glossary and references.

BROCHURE, 24 PAGES.

P \$2.00 | 12-10-0336

STAGE 5

What You Need to Know When You Have CKD

This booklet is based on select recommendations from the 2000 Update that apply to CKD patients in stage 5 who are not on dialysis and those in stages 3 and 4.

C \$1.25 | 11-50-0132

STAGES 1-4

When Bed-Wetting Becomes a Problem

Outlines the causes and treatment options of bed-wetting. Stresses the importance of understanding the problem and not punishing the child.

BROCHURE, 8 PAGES.

CSL \$22.00 per 100 | 11-10-0229

Also in Spanish | 11-10-0235

PUBLIC EDUCATION

When Stopping Dialysis Treatment is Your Choice

Discusses an individual's right to stop dialysis treatment if the burdens outweigh the benefits. Describes advance directives and the process of naming a surrogate. Explains what to expect when a decision is made to stop dialysis and answers other common questions such as availability of hospice care and home health care workers. Provides a checklist of important items to have in order, such as a will, signed advance directive, durable power of attorney.

BROCHURE, 12 PAGES.

CL \$19.00 per 50 | 11-10-0331

STAGE 5

Winning the Fight Against Silent Killers

Discusses the increased risk of high blood pressure and diabetes in African Americans and provides information about what can be done to prevent serious complications of these diseases, such as heart attacks, strokes and kidney disease.

BROCHURE, 12 PAGES.

C \$27.00 per 100 | 11-10-1811

AT INCREASED RISK

Working With Kidney Disease

Explains how kidney patients can build up strength and endurance, cope with their illness and use local resources to find a job. It details how to handle potential employers' questions, how the Americans With Disabilities Act applies to patients with kidney failure and what disability benefits are available if work is impossible. The emphasis is on working if it is possible.

BROCHURE, 8 PAGES.

C \$29.00 per 100 | 11-10-0501

STAGE 5

Your Kidneys: Master Chemists of the Body

Overview of kidneys and the urinary system, describing the kidney's filtering ability and major causes of kidney disease. Discussion of early detection and warning signs.

BROCHURE, 16 PAGES.

CL \$29.00 per 100 | 11-10-0103

PUBLIC EDUCATION

NE CATALOG OF RESOURCES

Your Loved One's Gifts: Understanding Tissue Donation

Explains the process of tissue and eye donation and clarifies how this gift can help people in need of an eye, bone or other tissue transplants. Includes a reference glossary.

A \$22.00 per 100 | 13-60-0639

PUBLIC EDUCATION

Special Symbols

- C** CONSUMER | PATIENT MATERIAL
- P** PROFESSIONAL MATERIAL
- A** ALL AUDIENCES
- S** AVAILABLE IN SPANISH
- L** AVAILABLE IN LARGE PRINT

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