

## CHECKLIST

### **BEDDING:**

- Sleeping bag or sheets and blankets
- Pillow

### **HYGIENE:**

- Toothbrush & toothpaste
- Soap & Deodorant
- Shampoo
- Comb/brush
- Towels & washcloths

### **CLOTHES:**

- Pajamas
- Underwear (7 pairs)
- Tops (sleeveless and long sleeves)
- Sweater/sweatshirt
- Jeans/shorts (long pants required for horse back riding)
- Swimming suit & beach towel
- Raincoat
- Tennis/running shoes and/or Sandals
- Hat/visor

### **MISCELLANEOUS:**

- Bug Spray (DEET is a must)
- Sunscreen/suntan lotion
- Stationary & stamps
- CD players – radios (at your own risk)
- Small personal fans

### **SPORTING EQUIPMENT:** – optional

- Tennis racket & balls
- Baseball, bat, and glove
- Fishing pole

### **MEDICAL ITEMS:**

- Medicine for 7 days in original medicine bottles**
  - For PD patients: exit site care supplies and HomeChoice cycler
- Be sure to have your home dialysis unit order all dialysate, cyclor tubing, and supplies by your home dialysis unit. Supplies will be delivered to Camp. For details your home dialysis unit can contact Bill Metzger at (614) 579-6469.

**NO CELL PHONES OR PAGERS FOR CAMPERS AT CAMP!!!!**