

Living better with kidney disease

Information, tips and how-tos



Our series of educational events are **FREE** and brief, but loaded with information you will be excited to put to use immediately. These educational events are for Chronic Kidney Disease patients in Stages 3-5.



- Sept. 7, 2011** **Kidney Disease Management: General Principles**
(Tips on how to slow down your CKD)
- Sept. 14, 2011** **Dialysis Options for Advanced Kidney Disease**
(Your choices are important)
- Sept. 21, 2011** **Dietary Measures in Kidney Disease**
(Healthy eating to protect your kidneys)
- Sept. 28, 2011** **Kidney Transplantation: Timing and Expectations**
(Staying ahead with knowledge)

Sign In: 5:30 p.m.
Presentation: 6:00 p.m.

**Memorial Hermann
Wellness Center
7731 Southwest Fwy.,
Houston, TX 77074
2nd Floor Conference Room**

TO REGISTER - CALL 1-877-543-6397



*Presented by The National Kidney Foundation
of Southeast Texas, Educational Task Force*