



National
Kidney
Foundation™

The **National Kidney Foundation** (NKF) is the nation's oldest and leading organization in the United States dedicated to the **AWARENESS, PREVENTION** and **TREATMENT** of kidney disease for hundreds of thousands of healthcare professionals, millions of patients and their families, and tens of millions of people at risk.

AWARENESS

- 1 in 3 adult Americans — 73 Million people — is at risk for kidney disease because of:
 - High blood pressure, diabetes or a family history of kidney failure.
 - Members of minority populations including African Americans, Latinos, Asians, Native Americans, and the elderly.
- Early detection can make a major difference, and the NKF is working to get that message out to individuals, healthcare professionals, and others who need to hear it most.

PREVENTION

- The NKF also offers free kidney health screenings across the country, helping people understand the risk factors and learn how to manage them. Eating right, exercise, regular monitoring and medication, may help prevent those at risk from getting kidney disease and those who have early kidney disease from experiencing kidney failure.

TREATMENT

- Through comprehensive education and the development of guidelines for managing kidney disease, NKF ensures that doctors and other healthcare professionals are armed with the latest screening and management information so they can find Chronic Kidney Disease (CKD) early and initiate treatment to slow progression.
- The NKF's education programs and materials give healthcare professionals and those at risk what they need to control their symptoms to improve their survival rates and quality of life.
- The NKF's patient services programs include a comprehensive and interactive website full of resources about managing kidney disease, a peer support program connecting veteran kidney patients with those newly diagnosed, and a hotline providing patients access to trained professionals who help them learn about lifestyle choices and treatments.

OUTCOMES

- Connecting and empowering the whole community of those touched by kidney disease
- Reducing racial and ethnic health care disparities
- Advocating for chronic kidney disease to become a priority public health issue

NKF Government Relations Office

5335 Wisconsin Ave, NW, Suite 300 • Washington, D.C. 20015 • 202.244.7900 • www.kidney.org