



## Table Of Contents

|  |      |
|--|------|
| For More Information .....                         | i    |
| Dedication .....                                   | iii  |
| A Letter From a Donor Mom .....                    | ix   |
| Preface .....                                      | xiii |
| Introduction.....                                  | 1    |
| Who Are Donors and Their Families? .....           | 5    |
| If Your Loved One Was an Organ Donor .....         | 9    |
| If Your Loved One Was a Tissue Donor.....          | 10   |
| Do Transplants Really Work? .....                  | 11   |
| When Our Loved Ones Died ...                       |      |
| Thoughts from Donor Families .....                 | 15   |
| Grief Is a Natural Response to Loss.....           | 15   |
| What Can Help? .....                               | 21   |
| As Time Goes On .....                              | 29   |
| Receiving Information About the Recipient .....    | 33   |
| Writing to the Recipient.....                      | 33   |
| If You Receive a Bill by Mistake.....              | 34   |
| Thoughts From a Recipient .....                    | 37   |
| About the National Donor Family Council.....       | 39   |
| Bill of Rights for Donor Families .....            | 41   |
| Position Statement on Tissue Donation .....        | 47   |
| Informed Consent Policy for Tissue Donation.....   | 48   |
| Suggested Reading .....                            | 51   |
| Books In Spanish .....                             | 76   |
| Video and Other Resources .....                    | 77   |
| Bereavement Resources and Support Groups.....      | 79   |
| Regional Self-Help Clearinghouses .....            | 89   |
| Our Heartfelt Thanks .....                         | 112  |
| More Thanks .....                                  | 113  |
| Survey Evaluation—Business Reply Card (back cover) |      |