




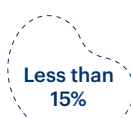


# Kidney Disease Can be Treated

Kidney disease does not happen overnight. It happens slowly over many years, and in stages. There are five stages of kidney disease. In each stage, the kidneys don't work as well as the stage before. With treatment and lifestyle changes, you can help slow or stop your kidney disease from getting worse.

STAGES OF CHRONIC KIDNEY DISEASE		GFR*	% OF KIDNEY FUNCTION
<b>Stage 1</b>	Kidney damage with <b>normal</b> kidney function	90 or higher	 90-100%
<b>Stage 2</b>	Kidney damage with <b>mild loss</b> of kidney function	89 to 60	 89-60%
<b>Stage 3a</b>	<b>Mild to moderate</b> loss of kidney function	59 to 45	 59-45%
<b>Stage 3b</b>	<b>Moderate to severe</b> loss of kidney function	44 to 30	 44-30%
<b>Stage 4</b>	<b>Severe</b> loss of kidney function	29 to 15	 29-15%
<b>Stage 5</b>	Kidney <b>failure</b>	Less than 15	 Less than 15%

**\* Your GFR number tells you how much kidney function you have. As kidney disease gets worse, the GFR number goes down.**



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