



HOW DO YOU ASK FOR A KIDNEY?

If you have kidney disease and need a transplant, you may not know how to ask someone to consider donating a kidney to you. Asking can feel as hard as giving. Many people won't get a transplant simply because they don't know how to ask. **We can show you how.**

WHY THINK ABOUT GIVING ONE?

You may want to know why people donate a kidney to someone. People everywhere are stepping up to help others live better lives... family, friends, even total strangers... maybe even someone close to you. **We can show you why.**

LIVING DONATION MAKES BETTER LIVES POSSIBLE.

Whether you need a kidney, or want to learn more about donation, it starts with asking the National Kidney Foundation.

kidney.org/livingdonation | 844.2BIGASK (844.224.4275) | bigask@kidney.org



National
Kidney
Foundation®

30 East 33rd Street
New York, NY 10016

#BigAskBigGive