HOW DO YOU ASK FOR A KIDNEY?
If you have kidney disease and need a transplant, you may not know how to ask someone to consider donating a kidney to you. Asking can feel as hard as giving. Many people won’t get a transplant simply because they don’t know how to ask. **We can show you how.**

WHY THINK ABOUT GIVING ONE?
You may want to know why people donate a kidney to someone. People everywhere are stepping up to help others live better lives... family, friends, even total strangers... maybe even someone close to you. **We can show you why.**

LIVING DONATION MAKES BETTER LIVES POSSIBLE.
Whether you need a kidney, or want to learn more about donation, it starts with asking the National Kidney Foundation.

kidney.org/livingdonation  |  844.2BIGASK (844.224.4275)  |  bigask@kidney.org

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