CKDinform: Early Detection and Prevention

Program Details

Earlier diagnosis and treatment can slow or stop the progression of chronic kidney disease (CKD), and reduce healthcare costs nationally. To make this a reality, the National Kidney Foundation (NKF) has developed CKDinform: Early Detection and Prevention to improve CKD diagnosis and create a culture of kidney preservation and protection in busy primary care settings. This continuing medical education (CME/CE) activity provides tools and protocols to significantly enhance CKD detection and treatment. These protocols can be immediately applied to practice, allowing PCPs to quickly improve CKD patient safety and reduce CKD-related adverse events.

CKDinform Program Formats, Content, and Educational Resources

Formats
(three-module education program)

The CKDinform CME/CE activity is structured in three stages or modules: core knowledge of CKD, detection, and treatment practice/patient education. Each module is approximately one hour.

CKDinform is available in multiple formats:
• A half-day, 3-hour live CME/CE symposium
• 1-hour modules that can be delivered independently as stand-alone presentations, or as a series of 3 in various settings, such as a lunch-'n'-learn, dinner symposia, or Grand Rounds.

Educational resources will be provided to CKDinform program participants.

Sponsored Formats

• 3-hour live format and sponsored educational tools
• 3-hour live format and non-sponsored education tools
• 1-hour live format

Accreditation

3-hour live format includes all three one-hour modules and will be accredited for 3.0 CME credits/contact hours.

Audience

Many healthcare professionals are positioned to detect CKD at its earliest stages. NKF plans to ensure that they all have the information, resources, and tools necessary to deliver kidney protective care. The material in this activity addresses the needs of all practitioners delivering primary care, including: physicians, nurses, nurse practitioners, physician assistants, pharmacists, and other clinicians who care for people with CKD.
Program Overview

This CME/CE live 3-hour symposium focuses on the unique role that PCPs play in detecting and treating CKD. This program addresses the evaluation and management of CKD within the primary care setting. The burden of CKD to the population, modifiable CKD risk factors, vital detection methods, and interpretation of test results are discussed. The use of GFR and albuminuria in CKD detection is covered. Evidence-based treatment recommendations and management plans for CKD are presented. This program also addresses the need for timely referral to nephrologists, as well as the importance of patient education and counseling. Case-based questions are included, allowing for interactive discussion.

Topics/Modules

- Module 1: A Primary Care Approach to CKD Management
- Module 2: A PCP’s Guide to CKD Detection and Delaying Progression
- Module 3: Renal Replacement Therapy: What the PCP Needs to Know

Educational Resources

The following educational resources will be provided to participants in the CKDinform activities:

- **CKD RISK ASSESSMENT TOOL**
  This interactive “heat map” allows PCPs and others to explore clinical insights into classifying and managing patients who are at risk for, or have, CKD. The details of this heat map have been recently updated in the Kidney Disease Outcomes Quality Initiative’s (KDOQI) Primary Care Commentary, An Approach to the Detection and Management of Chronic Kidney Disease for the Primary Care Practitioner, based on the 2012 Kidney Disease Improving Global Outcomes (KDIGO) CKD Guidelines. Practitioners can self-educate about CKD by exploring the many embedded case studies.

- **PATIENT SAFETY CARD**
  Chronic Kidney Disease: Know the Risks of Medications and Imaging Studies
  This quick reference card summarizes important recommendations from the KDOQI Primary Care Commentary for medication management and patient safety for those with CKD. The chart summarizes cautionary safety recommendations for practitioners when prescribing medications in people with CKD.

- **CRITICAL CARE ALGORITHM**
  How to Manage Your CKD Patients
  This reference card outlines the criteria for CKD, identifying risk factors, performing diagnostic tests, and classifying the patient’s status by cause, GFR, and albuminuria. It includes an algorithm for the treatment of CKD patients, which focuses on patient progression, CVD risk, and patient safety.