



National  
Kidney  
Foundation®



# CKD intercept

A Primary  
Care Initiative

## **CKDinform: Early Detection and Prevention**

*A CKDintercept Educational Activity*

### **Program Overview**

*CKDintercept is changing the way people and institutions think about—and act on—kidney disease through a series of targeted, coordinated programs. Professional education is the cornerstone of this initiative. The first program is **CKDinform**, a continuing education activity for primary care practitioners, as well as the entire Kidney Healthcare Team.*

#### **Detection Means Protection:**

##### *Early Interventions Preserve Kidney Function*

Chronic kidney disease (CKD) affects 26 million people. As few as 10% of these people will be diagnosed with kidney disease because of current primary care practices. CKD is a progressive disease that increases the risk of kidney failure, heart attack, stroke, and premature death. As CKD progresses to its advanced stages, its management contributes to tens of billions of dollars in healthcare costs each year; \$87 billion in U.S.

government spending alone. Primary care practitioners (PCPs) are the gateway to care for the majority of Americans and the crucial front-line defense for detection of CKD and preservation of kidney health.

Earlier diagnosis and treatment can slow or stop the progression of CKD. Recent data is also confirming that early intervention will have a significant impact on national healthcare costs. To make this a reality, the National Kidney Foundation (NKF) has developed **CKDinform: Early Detection and Prevention** to improve CKD diagnosis and create a culture of kidney preservation and protection in busy primary care settings. This continuing medical education (CME/CE) activity provides tools and protocols to significantly enhance CKD detection and treatment. These protocols can be immediately applied to practice, allowing PCPs to quickly improve CKD patient safety and reduce CKD-related adverse events.

## Features of the Educational Training

- Accessible in multiple formats, including a 3-hour live symposium, and a series of three 1-hour Grand Rounds or lunch-and-learns
- Tools and protocols which can be quickly and easily applied to practice
- Accredited CME/CE
- Educational resources include a CKD Risk Assessment Tool/ interactive heat map, Patient Safety Card, and a Critical Care Algorithm for managing patients with CKD.

## Audience

Many healthcare professionals are positioned to detect CKD at its earliest stages. NKF plans to ensure that they all have the information, resources, and tools necessary to deliver kidney protective care. The material in this activity addresses the needs of **all** practitioners delivering primary care, including: **physicians, nurses, nurse practitioners, physician assistants, pharmacists, and other clinicians** who care for people with CKD.

## NKF CME/CE Accreditation

This activity, focused on practical application, addresses the role of the PCP, as well as the entire healthcare team, in early CKD detection. This will be the only CME/CE accredited course on this important topic that addresses interprofessional care and collaboration. This program will be accredited by the Accreditation Council for Continuing Medical Education (ACCME) for physicians and physician assistants, the American Academy of Family Physicians (AAFP), the American Academy of Nurse Practitioners (AANP) for nurse practitioners, the American Nurses Credentialing Center (ANCC) for nurses and through the University of Illinois in Chicago (UIC), College of Pharmacy for pharmacists. Specifically for nursing accreditation for the states of California and Iowa, CE accreditation will be sought through the California Board of Nursing and Iowa Board of Nursing.

## Uniquely Positioned for Multidisciplinary Education

NKF has long recognized the critical importance of every member of the Kidney Healthcare Team. We are the only kidney health organization supporting distinct Professional Councils. The NKF has built the model for multidisciplinary CKD education through the participation of our member physicians, advanced practitioners, nurses, pharmacists, dietitians, and social workers. Our Councils' unique expertise shapes our educational content with practical recommendations for interprofessional CKD care in primary care settings.

---

## NKF continues its tradition of initiatives that have a broad impact on kidney health and patients' lives.

The National Kidney Foundation has a history of effective action against kidney disease. We were the first to **identify** kidney disease as a distinct, treatable illness; we followed this by **improving diagnosis and treatment** through the development of the staged system of kidney disease. Now, in response to a worldwide increase in kidney disease, due to diabetes and cardiovascular disease, we are stepping up our efforts to **actively find and treat** this condition earlier through our next major initiative: **CKDintercept**.

There are 26 million people with kidney disease in the U.S. For the people who care for them, for us, every one of them counts.

The National Kidney Foundation envisions a world where kidney disease is intercepted at its earliest possible stage, where many can delay dialysis treatment and kidney transplants, where patients make informed decisions about kidney health, and where the healthcare system is saved billions of dollars. Your support makes this a reality.

