# Are you the 1 in 3 at risk for kidney disease?



## Find out at a free kidney health check!

Saturday, September 12, 2015 Greenville, SC

Saturday, November 7, 2015 Sumter, SC

Saturday, January 23, 2016 Georgetown, SC

Saturday, March 12, 2016 Charleston, SC

Please call 888.848.5277 ext. 631 to register

Must be 18 years of age or older to participate.





#### **Kidney disease facts:**

- 1 in 3 American adults—73 million people is at risk for kidney disease.
- 1 in 9 American adults—26 million people has kidney disease—and most don't know it.
- Early detection and treatment can slow or prevent the progression of kidney disease.

#### **Risk factors include:**

- Diabetes
- High blood pressure
- Family history of kidney failure
- Age 60 and over
- African American, Hispanic, Asian, American Indian, or Pacific Islander
- Obesity

### What to expect at the event:

- Risk survey
- Blood pressure check
- Body mass index (BMI) measurement
- Opportunity to speak with a healthcare professional
- Free educational materials
- And for individuals at risk, an ACR urine test for albumin (a type of protein)

Urine strips and accessories provided by:



Sponsored locally by:





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