



National Kidney Foundation™

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### **Tackling Kidney Disease Together – National Kidney Foundation Hosting Education & Awards Day**

**Aurora, CO** – On Sunday, October 18, the National Kidney Foundation serving Colorado will bring together patients, family members, caregivers and health care professionals affected by kidney disease for the annual Education and Awards Day.

NKF's Education and Awards Day provides a forum to discuss how to deal with the challenges of kidney disease and its associated risk factors. Adult and pediatric patients and caregivers will have the opportunity to talk with professionals about the challenges of kidney disease, and learn about diet, nutrition, transplantation, and more.

"More than 4,200 Coloradans are on dialysis with kidney failure, and it is estimated that about half a million have kidney disease and don't know it," said Shannon Clark, Executive Director of the NKF serving Colorado. "Educational seminars like this are so important to help address this growing public health concern in our state."

The event is also an opportunity for patients to receive recognition and awards from medical professionals representing nephrology, dialysis and transplant units in the Denver metro area.

Anyone who has kidney disease or is at risk – those over the age of 60 and those with diabetes, high blood pressure or a family history of kidney failure – is encouraged to attend.

NKF's Education and Awards Day will take place at University of Colorado Hospital in the Anschutz Inpatient Pavilion 2 (AIP2) Conference Center (12505 E. 16th Avenue, Aurora, CO 80045). The event starts at 7:30 a.m. and goes to 1 p.m. Lunch will be served at 11:30 a.m. The event is sponsored by American Renal Associates, University of Colorado Hospital, Davita Clinical Research, and Denver Nephrology.

The event is free and open to the public, however, space is limited and those who wish to attend should preregister by visiting [www.kidney.org/kead](http://www.kidney.org/kead) or by calling 720-748-9991, Ext. 450.



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### **Kidney Disease Facts:**

- 26 million Americans—1 in 9 adults—have chronic kidney disease and most don't know it.
- Every 5 minutes someone's kidneys fail.
- Over 450,000 people depend on dialysis for survival.
- More than 101,000 people are on the waiting list for a kidney transplant.
- 73 million people —1 in 3 adults—are at risk of developing chronic kidney disease. Those with high blood pressure, diabetes, age over 60 or a family history of kidney failure are at risk for kidney disease.
- Early detection and proper treatment can stop or prevent the progression of kidney disease.

The **National Kidney Foundation** is the leading organization in the U.S. dedicated to the awareness, prevention and treatment of kidney disease for hundreds of thousands of healthcare professionals, millions of patients and their families, and tens of millions of Americans at risk. For more information, visit [www.kidney.org](http://www.kidney.org).