



National  
Kidney  
Foundation®

of  
Indiana

**ANNUAL REPORT**

**2018**





# A YEAR IN REVIEW

2018 was a year of transition for the National Kidney Foundation of Indiana, Inc. The NKFI experienced changes to programs, fundraisers, staff and volunteers. While addressing these changes, the board and staff took advantage of the opportunity to rebuild and refocus the organization towards fulfilling the board-approved strategic plan.

Great effort was made to find talented & goal driven staff and volunteers while drafting new action plans to address the expected and unexpected changes. Being a mission focused organization, the board always makes decisions based upon the needs of kidney patients and transplant recipients as well as identifying those who may not know that they have kidney disease.

Indiana Kidney Check, the NKFI screening program designed to help detect kidney disease, saw significant gains over the last year. We partnered with the Indiana State Department of Health which guarantees our ability to reach statewide with screenings. Additionally, the State of Indiana is making diabetes (the number one cause of kidney disease) a high priority and with the aggressive efforts of Indiana State Senator Jean Breaux, language has been added to include nephrology (kidneys) in the coalition. This should have a major impact in decreasing kidney disease.

One of our top priorities in the NKFI's strategic plan was to develop and implement a Digital Marketing Plan. Veteran and new staff worked diligently together to produce a monthly e-newsletter and have continuous posts on Facebook and Twitter educating about kidney disease, organ donation and transplantation. NKFI's social media presence and following continues to grow.

One area where there was planned change was our annual gala. It is one of our largest fundraisers, and with two new co-chairmen, Sharon Moe, MD and Nancy Baird, MD, the gala had a new look, feel, and flow. As NKFI honored IU Health nephrologist and researcher, Bruce Molitoris, MD, participants danced and enjoyed one of the liveliest and most profitable galas in quite some time.

Under new leadership, Team Indiana successfully competed in the Transplant Games in Utah. This bi-annual event brings kidney patients and donor families together for competition and camaraderie. The team placed third for team medals despite being one of the smallest teams.

The staff has been amazing - continuing to find ways to make an impact on the kidney community. The board continues to support the staff and volunteers. There is a new energy among the NKFI family. We look forward to looking back on 2019. We expect great things!

**Jane Estes**

*President*

**Nancy Baird, MD**

*Medical Advisory Board*

**Margie Evans Fort, MPA**

*CEO*

## NATIONAL KIDNEY FOUNDATION OF INDIANA 2018 BOARD OF DIRECTORS

**Jane Estes**

*President*

**Jessica Tower**

*Vice President*

**Casey Enzor**

*Vice President*

**Mary Liddell**

*Secretary*

**Aaron Hoehn**

*Treasurer*

**Nancy Baird, MD**

*Medical Advisory Board Chairman*

**Denice Damerau**

*Ex. Officio*

**Andrew Arrendale**

**Andy Baker**

**Bob Donaldson**

**Islam Ghoneim M.D.**

**Mahendra Govani, M.D.**

**Mary Kay Hensley, M.S. R.D., CSR**

**Michael Kraus, M.D.**

**Dennis Mishler M. D.**

**Annette Roy**

**John Waldon**

# ASSESSING KIDNEYS ACROSS INDIANA!

## *Services and Outreach Programs:*

### INDIANA KIDNEY CHECK

The most extensive screening program to detect risk factors of kidney disease and educate patients to lower the impact and prevalence of kidney disease:

- Blood Pressure
- Body Mass Index (BMI)
- Urinalysis
- Glucose
- eGFR
- Clinician Consultation

### KIDNEY EDUCATION

Teaches with hands-on visuals, from reflecting the amount of sodium in certain foods to taking blood pressure. Also teaches healthy lifestyles.

- Health Fairs
- Kidneys in the Classrooms
- Your Kidneys and You

### KIDNEY HEALTH RISK ASSESSMENT

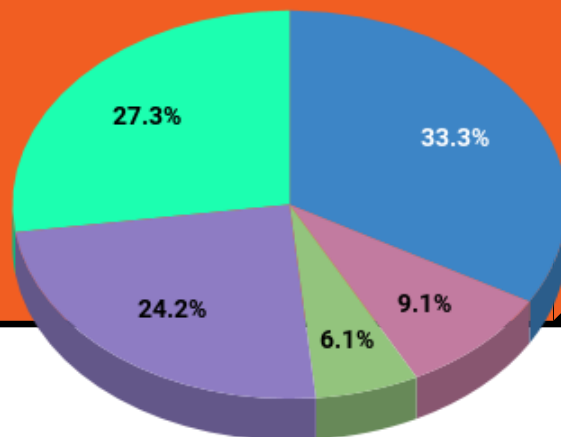
Can be found at all the Kidney Walks across Indiana, as well as many health fairs. A four station set up to identify risk factors for kidney disease:

- Presurvey
- Blood Pressure
- Body Mass Index (BMI)
- Clinician Consultation



## HEALTH SCREENINGS

- Health Fairs
- Your Kidneys and You
- Education and Public Relations
- Kidney Health Risk Assessment Kidney Walk/Health Fair
- Indiana Kidney Check



# FOR THE PATIENTS

## TOO SWEET FOR YOUR OWN GOOD MANAGING DIABETES CONFERENCE

### *Retrospection*

The annual "Too Sweet for Your Own Good" Diabetes Conference is a collaboration of health organizations in Indiana. The conference provides a full day session on how to manage diabetes and hosts the NKFI's Indiana Kidney Check prevention program. This event is free of charge to participants.

In 2018, the NKFI, screened approximately 50 participants out of the 200 conference attendees. Many were found to have abnormal screening results and were referred for follow-up health care.



NKFI volunteers for this event included Students for the Prevention of Kidney Disease (SPKD), a Medical Student Service Group at IUSM.



## KIDNEY CAMP

The 14th annual Kidney Camp was held in June at the YMCA Camp Tecumseh in Brookston, Indiana. Kidney Camp is for children who suffer from kidney disease or have had a kidney transplant. This camp is so meaningful to these children and families because it provides a fun camp experience that these families would not have without Kidney Camp.

Thanks to the help of over thirty medical and non-medical volunteers these children can participate in zip-lining, horseback riding, archery and swimming, while still having all of their daily medical needs met.

This camp would not be possible if not for our amazing sponsors and volunteers.

# PROFESSIONAL EDUCATION

## *The 27th Annual Stuart A. Kleit Symposium*

Hosted by the NKFI Medical Advisory Board in November at The Willows in Indianapolis, the Kleit Symposium is a one-day educational conference and networking opportunity designed for medical professionals of kidney patients in Indiana.

### Topics Highlighted

#### **Transitions: Becoming an Adult with Renal Disease**

*Presenter: Anne Kouri, MD*

#### **Transitional Dialysis Care: Culture Change or Fad?**

*Presenter: Michael Kraus, MD*

#### **Obesity & Transplantation: Bariatric Surgery-Increasing access to transplant**

*Presenter: Christopher Evanson, MD*

#### **Opioid Addiction and the Community**

*Presenter: Joan Duwve, MD*

#### **ESRD is a Cardiac Disease**

*Presenter: Nupur Gupta, MD*

#### **Fundraising for Transplantation**

*Presenter: Rick Lofgren, MBA*

#### **CMS-Driven Culture Change: Telemedicine and Home Dialysis**

*Presenter: Mark Newman*

The Kleit Symposium also hosted a popular discussion panel on **Ethics in Social Media** with Drew Larison, founder and CEO of Larison Media.

The NKFI hosted and sponsored multiple professional education programs for the **Indiana Council of Nephrology Social Workers (ICNSW)** and the **Indiana Council of Renal Nutrition (ICRN)**. Continuing education credits were provided at each of these events.



# KIDNEY WALK

*"We participate in the Kidney Walk to bring awareness to as many people as we can."  
-2018 Kidney Walker*

Indianapolis



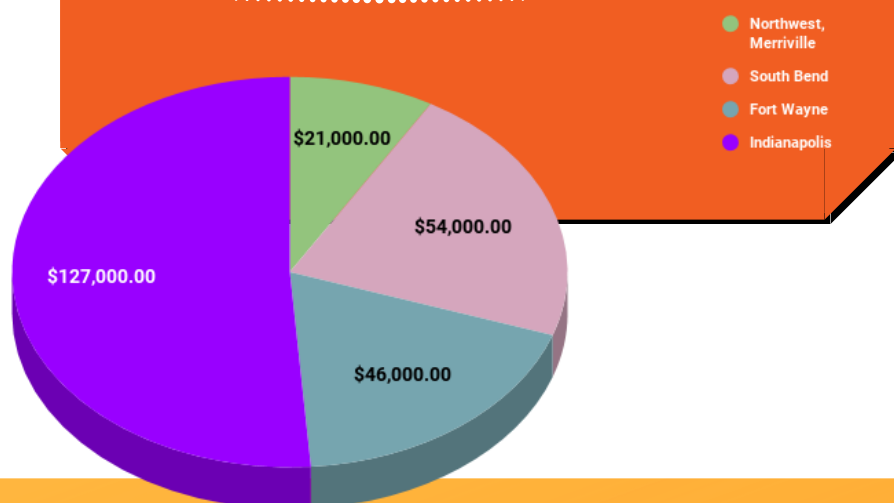
Northwest



South Bend



## KIDNEY WALK REVENUE



# INDIANAPOLIS GALA

## *"Celebrating Life Under the Stars" Honoring Bruce Molitoris, M.D.*

Dr. Molitoris is a distinguished clinician, scientist, and physician who pioneered research that changed the way physicians treat acute kidney injury, a major cause of chronic kidney disease. Dr. Molitoris also built and directed the Indiana Center for Biologic Microscopy, establishing Indiana University Health as the Acute Kidney Injury Research Center through novel discoveries.





# 17TH ANNUAL NATIONAL KIDNEY FOUNDATION OF INDIANA GOLF CLASSIC

*Presented by Steel Dynamics, Inc., hosted by Keith Busse*

72 teams sponsored the 2018 Golf Classic at Bridgewater Golf Course raising over \$290,000. The NKFI-SDI Winners' Tournament was November 5-7 in Sarasota, Florida. This Winners' Tournament hosted the 3 winning teams and had 9 additional sponsoring teams raising \$70,000.



# TEAM INDIANA MEETS THE MISSION AND THE MEDALS

*To increase awareness to the life-restoring importance of organ, cornea, bone marrow, and tissue donation through the lives of the athlete-recipients and the lasting legacy of their donors.*

Team Indiana competed in the 2018 Transplant Games in Salt Lake City, Utah.

- 18 Hoosiers who have undergone life-saving transplant surgeries competed in this multi-sport festival event.

Team Indiana won:

- 26 Gold Medals
- 13 Silver Medals
- 8 Bronze Medals
- 3rd place out of 43 teams in the total number of medals won!



# ANNUAL MEETING

*The National Kidney Foundation of Indiana proudly honors volunteers, donors, and board members at the Annual Meeting*

## **-2018 Annual Meeting Honorees-**

*President's Award:* Aaron Hoehn

*Chairman's Award:* Dennis Mishler, MD

*Rookie of the Year Award:* Andrew Arrendale

*Corporate Awards:* St. Vincent Transplant, Manchester University  
College of Pharmacy

## **-Individual Awards-**

Sara Lipp

Pattie Mishler, RN

Suzanne Hedrick, RN

Beth Johnston, RN

Amy Wilson, MD

John Moe

Randi Schwartz

Sarah Clements

Jean Coombes

#KaisersNeverQuit (Kidney Walk Team)



# FINANCIAL REPORT

## *Statement of Activities* *Change in Net Assets*

### Revenue and Support

#### Public Support

Contributions, Memorials, Bequests	\$157,168
Allocated by Fundraising Organization	\$1,070
State Grant	\$38,355

#### Special Events

In-kind Contributions for Special Events	\$704,781
In-kind Contributions for Special Events	\$146,608
Less: Costs of Direct Donor Benefits	<u>\$361,785</u>
Net Support from Special Events	\$489,604

Total Public Support \$686,197

#### Other Revenue

Perpetual Trust Distributions	\$55,040
Other Revenue	<u>\$5,192</u>
Total Other Revenue	\$60,232

Net Assets Released from Restrictions \$0

Total Revenue and Support \$746,429

### Expenses

#### Program Services:

Research	\$2,579
Public Health Education	\$160,040
Professional Education	\$45,099
Patient Services	\$118,378
Prevention Services	\$97,811
Community Service	<u>\$128,129</u>
Total Program Services	\$552,037

#### Supporting Services:

Fundraising	\$100,838
Management and General	\$65,385
Unallocated Payments to National Organizations	\$128,129
Total Supporting Services	<u>\$292,980</u>
Total Expenses	\$845,017

Increase (Decrease in Net Assets Before Change in Value of Beneficial Interest in Perpetual Trust \$98,588

Change in value of Beneficial Interest in Perpetual Trust \$10,650

**INCREASE/DECREASE IN NET ASSETS \$87,938**

### NET ASSETS

Beginning of Year	\$1,524,163
End of the Year	\$1,436,225

# FINANCIAL REPORT *contd.*

## *Statement of Financial Position*

<b>ASSETS</b>	
Cash	\$565,700
Receivables ( <i>net</i> )	\$62,577
Prepayments	\$2,383
Cash Restricted for Endowment Funds	\$80,742
Beneficial Interest in Perpetual Trust	\$927,403
Property and Equipment, <i>net of</i> <i>Accumulated Depreciation of \$19,369</i>	<u>\$2,088</u>
<b>TOTAL ASSETS</b>	\$1,640,893
<b>LIABILITIES</b>	\$129,265
Accounts Payable and Accrued Expenses	\$16,000
Deferred Revenue	\$59,403
Due to National Kidney Foundation, Inc.	<u>\$204,668</u>
Total Liabilities	
<b>NET ASSETS</b>	\$389,580
Unrestricted	\$38,500
Temporarily Restricted	
Kleit Endowment	\$10,606
Caroline L. Oakes Perpetual Trust	\$927,403
Spilman Endowment	<u>\$70,136</u>
Total Permanently Restricted	\$1,008,145
Total Net Assets	\$1,436,225
<b>TOTAL LIABILITIES AND NET ASSETS</b>	\$1,640,893



National  
Kidney  
Foundation™

# Kidney Cars



## 4 Reasons why you should donate your car

- Saves Lives
- Free Pickup
- No Hassle
- Tax Deduction\*

Donate your car online today at [kidneycars.org](http://kidneycars.org)

\*For Those Who Itemize Their Taxes

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