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Please see below for the resources from the “The Importance of Staying Active with Kidney Diseases” presented by Dr. Danielle Kirkman.

- <http://move.bangor.ac.uk/>
- <https://www.kidney.org.uk/exercising-indoors>
- [https://www.irnjournal.org/article/S1051-2276\(14\)00144-7/fulltext](https://www.irnjournal.org/article/S1051-2276(14)00144-7/fulltext)

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