# How to Talk to Patients About the KidneyCARE Study

### For Healthcare Providers

Thank you for helping to connect patients to the KidneyCARE Study! Your support plays a vital role in helping us to reach people living with kidney disease. Below are some simple ways to introduce the study and guide conversations with patients so that they feel informed, comfortable, and supported:

## I. How to Introduce the Study:

- "There's a national research study you may be eligible for it's called the KidneyCARE Study"
- "It's being led by the National Kidney Foundation to better understand how kidney disease impacts people's daily lives."

# II. Why the Study is Important:

- The goal is to improve patient care and discover new treatments for kidney disease."
- "By sharing your experiences, you can help researchers understand what's working well, and what needs to be improved."
- *"The study includes follow-up surveys every 6 months. This helps researchers understand how your health and care may change over time."*

## **III. How to Reassure Patients:**

- "The study is safe, confidential, and completely voluntary."
- "You won't need to take any new medications or change your current treatment plan."
- "You can stop participating at any time, for any reason."

## IV. Helpful Phrases to Use:

- "People with kidney disease are often left out of research. This study is working to change that."
- "Joining is easy, and could help improve care for yourself and others with kidney disease."
- "Your voice matters. You can help to shape the future of kidney care."

## V. Answering Questions:

If you're unsure how to answer a patient's question, you are welcome to refer them to the KidneyCARE Study team – we are here to help.

**Contact us:** Phone: 212.889.2210 x134 Email: kidneycarestudy@kidney.org

Website: kidneycarestudy.org For patients to learn more about the study and to join

Promotional Toolkit: <u>https://www.kidney.org/treatment-support/kidneycare-</u> <u>study/promotional-toolkit</u> For healthcare providers to download brochures, flyers, and outreach materials



