



1. What are my eGFR and uACR numbers?
2. What is my CKD stage?
3. How high is my level of risk for developing heart disease or a stroke? What can I do to lower my risk?
4. When should I have my eGFR and uACR tested again?
5. Am I at a healthy weight?
6. Is my blood pressure within the recommended goal range?
7. Do I have diabetes or prediabetes? If so, is my A1C within the recommended goal range?
8. Do I have albuminuria?
9. Are there any changes I should make to my diet?
10. Should I take any medication(s) to help lower my risk for CKD getting worse?

[illegible]

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## QUESTIONS TO ASK YOUR HEALTHCARE PROFESSIONAL

### WHAT CAUSES KIDNEY DISEASE?

[illegible]

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