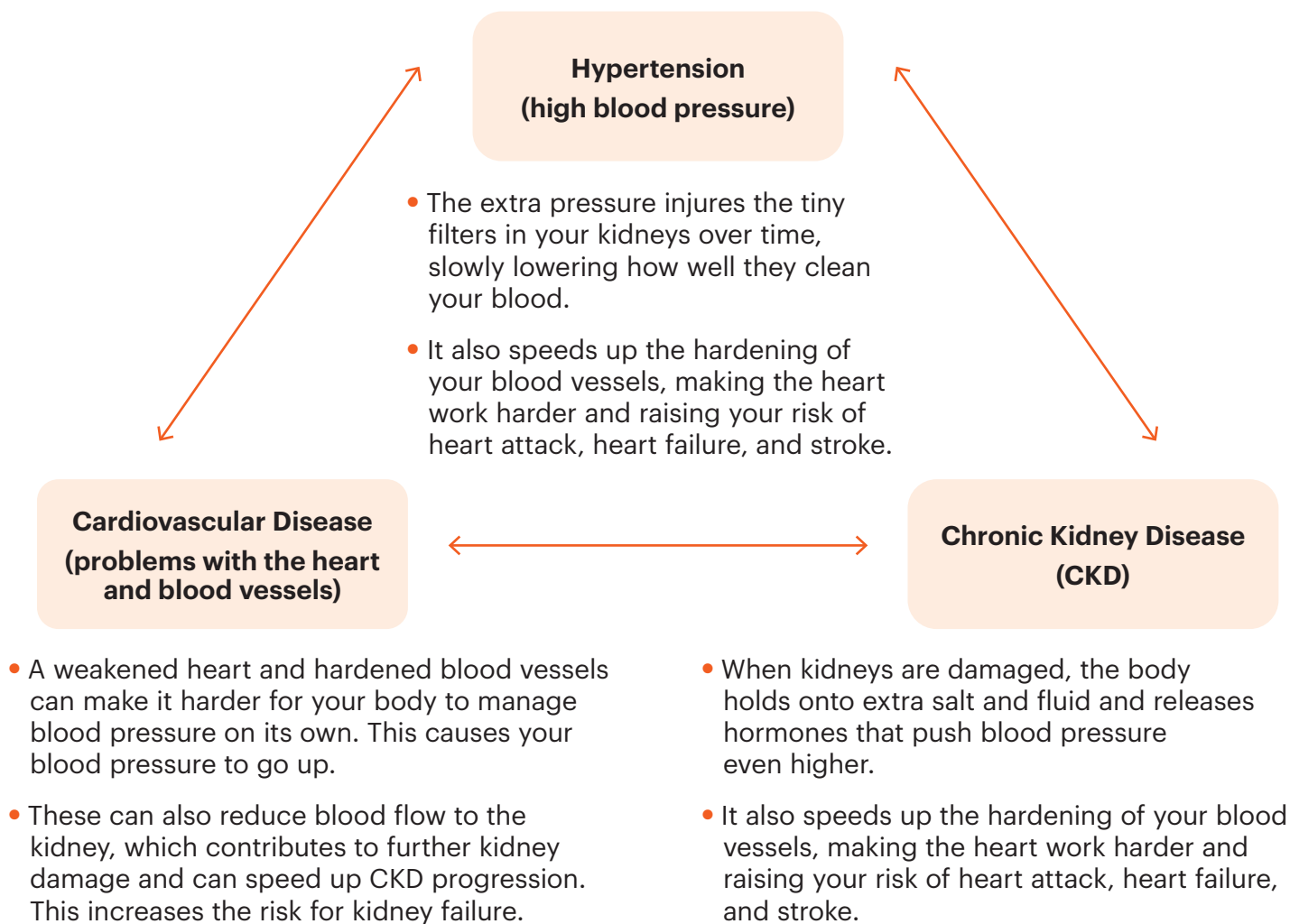


CONNECTING HIGH BLOOD PRESSURE, KIDNEY DISEASE, AND HEART DISEASE

High blood pressure, chronic kidney disease (CKD), and cardiovascular disease (problems with the heart and blood vessels) are tightly linked. Think of them as three corners of a triangle, where a problem at one corner worsens the other two.



***The good news is that taking steps to protect one area can also help protect the other two.
This is especially true for managing your blood pressure.***



Learn more at
[kidney.org/HighBP](https://www.kidney.org/HighBP)

Developed in
collaboration with



The Mended Hearts, Inc.

For more information, contact the National Kidney Foundation

Toll-free help line: **855.NKF.CARES** or email: nkfcares@kidney.org

