NATIONAL KIDNEY FOUNDATION®

QUESTIONS TO ASK YOUR HEALTHCARE PROFESSIONAL

Is Home Dialysis Right for Me?

Home dialysis can give you more flexibility and control over when and where you have treatment. But it can also take time to learn and prepare.

Use these questions to talk with your healthcare team about whether home dialysis may be a good fit for you. You do not need to ask every question at once. Choose the questions that matter most to you and use the space provided to take notes.

1. What types of home dialysis could work for me?

Ask about peritoneal dialysis and home hemodialysis. Talk about how each type works and what your treatment schedule may look like.

Notes: _____

_____

2. What training will I need before I can do dialysis at home?

Ask how long training usually takes, what you will learn, and who will teach you.

Notes: _____

_____

3. What will I need to do to get my home ready?

Ask how much space you may need for equipment and supplies and whether changes to your home may be needed.

Notes: _____

_____

4. How will I learn to do home dialysis safely?

Ask how to keep your treatment area and equipment clean, prevent infection, and know when something may be wrong.

Notes: _____

_____

5. What should I do if I have a problem during treatment?

Ask who to call, what help is available, and what problems may require urgent medical care.

Notes: _____

_____

6. How could home dialysis fit into my daily routine?

Talk about work, school, sleep, meals, exercise, family activities, and other parts of your day.

Notes: _____

_____

7. Can I travel while doing home dialysis?

Ask how to plan for travel, get supplies, and arrange treatment when you are away from home.

Notes: _____

_____

8. Will I need a care partner?

Ask whether someone needs to be with you during treatment, what a care partner may need to learn, and what responsibilities they may have.

Notes: _____

_____

9. What costs should I know about?

Ask about insurance coverage, equipment and supplies, medicines, utilities, and any other costs related to home dialysis.

Notes: _____

_____

10. What are the next steps if I want to learn more about home dialysis?

Ask whether you can meet with a home dialysis nurse, visit a training program, talk with someone who does dialysis at home, or begin an evaluation.

Notes: _____

_____

Other questions I want to ask

Use this space to write down other questions, concerns, or topics you want to discuss with your healthcare team.

Notes: _____

_____

Before your appointment

Think about what matters most to you. This may include your work schedule, family responsibilities, travel, independence, support at home, or how much responsibility you feel comfortable taking on.

Bring this guide with you and write down the answers that will help you decide what works best for your life.

To learn more, scan the QR or visit kidney.org/home-dialysis

For more information, contact the National Kidney Foundation

Toll-free help line: 855.NKF.CARES or email: nkfcares@kidney.org

NATIONAL KIDNEY FOUNDATION®

Supported by Vantive

KIDNEY.ORG

This content is provided for informational use only and is not intended as medical advice or as a substitute for the medical advice of a healthcare professional.

© 2026 National Kidney Foundation, Inc. 441-0613_2610