



2017 SPRING CLINICAL MEETINGS

Evidence-Based Patient Care in CKD and ESRD Management: A 2017 Update

Tuesday, April 18; 12:30pm – 6:00pm

Course Director: Barbara Weis Malone, RN, CFNP, FNKF

Session 622; 4.75 credits/contact hours

Target Audience:

Designed for advanced practitioners, fellows, and the CKD team

Course Description:

This course is designed to offer the attendee clinical pearls for the updated, evidenced-based management of the CKD patient through the stages of CKD in an interactive environment. The attendee will receive an overview on the various types of dialysis outcomes and new advances. Plant-based low protein diets for the CKD patient will be explored as well as the latest recommendations for goals dealing with blood pressure and hypertension management. Evidence-based recommendations on medications, BMI and the transplant waiting list will be discussed. Attendees will benefit from an interactive program that involves case-based learning from expert faculty.

Learning Objectives:

Upon completion of this course, participants will be able to:

- Discuss with your patients the various types of dialysis outcomes and new advances in dialysis and vascular access
- Describe to your CKD patients the effects of a plant-based low protein diet
- Recall updated diabetes recommendations and medications for CKD and dialysis
- Describe the latest goal blood pressure and management of hypertension for CKD and dialysis
- Discuss up-to-date evidenced-based recommendations on medications, BMI and the transplant waiting list in CKD and ESRD

Agenda

Time	Topic	Speaker
12:30pm – 12:45pm	Welcome and Introductions	Barbara Weis Malone, RN, CFNP, FNKF
12:45pm – 1:45pm	New ESRD CMS Policies and Updates on ESRD Care Management	Lynn Foster Smith, MSN, APRN
1:45pm – 2:45pm	What Now? Plant-based Low Protein Diet in CKD	Holly Kramer, MD, MPH, FNKF
2:45pm – 3:00 pm	Break	
3:00pm – 4:00pm	A Quick Review of Diabetes in the Year 2017 for Our CKD Patients	Denise Link, MS, PA-C
4:00pm – 5:00pm	Now Which Blood Pressure Goal do I Follow?	Charles Foulks, MD
5:00pm – 5:30pm	PPIs, BMIs, and OPOs Evidenced-based	Barbara Weis Malone, RN, CFNP,

	recommendations for your patients	FNKF
5:30pm – 6:00pm	Wrap-Up and Questions	Barbara Weis Malone, RN, CFNP, FNKF

REQUIRED: Separate registration fee of \$60 for NKF Members, \$75 for Non-Members. Includes box lunch, and CME/CE credits. Participation is limited, so register early.