

Are you the **1 in 3** at risk for kidney disease?



Find out at a **free** kidney health check!

Saturday, March 19, 2016
9:00 a.m. - 1:00 p.m.

Buddhist Tzu Chi Foundation
2355 Oakland Rd., San Jose, CA 95131



Risk factors include: diabetes and high blood pressure.

What to expect at the event: Risk survey, blood pressure check, body mass index (BMI) measurement, an opportunity to speak with a healthcare professional, free educational materials, and for individuals at risk, an ACR urine test for albumin (a type of protein). *Must be 18 years of age or older to participate.*

Pre-register for screening appointment:

call 888-427-5653 or email danielle.esquivel@kidney.org



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您屬於三分之一有罹患腎臟疾病 風險的人群嗎？



參加**免費**腎臟健康檢查就能早期發現、早期治療！

2016年3月19日星期六

上午 9:00 至下午 1:00



佛教慈濟基金會北加州分會 408-457-6969

聖荷西志業園區 2355 Oakland Rd., San Jose, CA 95131

風險因素包括：糖尿病與高血壓。

活動項目：風險調查、血壓檢查、身體質量指數 (BMI) 測量、與醫療保健專家交談的機會、免費的教育材料，並且對於處於風險之中的個人，進行 ACR 尿檢以檢查白蛋白（一種蛋白）。必須年滿 18 週歲才能參加。

預先登記以進行篩查預約：

致電 888-427-5653，或寫電子郵件至 danielle.esquivel@kidney.org



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尿試紙條及輔助物品提供者：

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本次活動提供之資訊僅用作一般資訊，而不用作醫療廣告或診斷目的。