Primary Care Strategies for Kidney Disease: Phases of Care
A Knowledge-Based Symposium

November 21, 2015

Program

7:30am-8:00am: Registration / Exhibitors / Breakfast served in Vendor Area

8:00am-8:30am: Guide to CKD Screening and Evaluation
Alec Otteman, MD

8:30am-9:00am: Delaying Progression
Paul Drawz, MD, MHS, MS

9:00am-9:30am: A Primary Care Approach to Managing CKD Complications
Sandra Taler, MD

9:30am-10:00am: Kidney Disease and Heart Failure: Where Medication Efficacy and Safety Collide
Wendy St. Peter, PharmD, FNKF, FASN, FCCP

10:00am-10:10am: Break / Refreshments / Served in Vendor Area

10:15am-10:45am: Renal Replacement Therapy: Options and Choices
Marc Weber, MD

10:45am-11:30am: The Patient Provider Intersection: A CKD Story
Matt Rognstad (Patient) & Sara Ruiz, RDN, CSR, LD

11:30am-12:00pm: The Dialysis Unit: Behind Closed Doors
Andrew Kummer, MD, MPH

12:00pm-12:10pm: Break / Refreshments / Served in Vendor Area

12:10pm-12:40pm: Kidney Transplantation
John Silkensen, MD

12:40pm-1:10pm: Through the Lens of a Primary Care Professional
David Macomber, MD, PhD

1:10pm-1:15pm: Wrap Up/Drawing in Vendor Area
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Faculty

Alec Otteman, MD
Physician
Associated Nephrology Consultants
Maplewood, MN

Paul Drawz, MD, MHS, MS
Assistant Professor of Medicine
University of Minnesota
Minneapolis, MN

Sandra Taler, MD
Physician / Consultant
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Rochester, MN

Wendy St. Peter, PharmD, FNKF, FASN, FCCP
Professor
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Minneapolis, MN

Marc Weber, MD
Nephrologist
University of Minnesota
Minneapolis, MN

Matt Rognstad
Patient
Minneapolis, MN

Sara Ruiz, RDN, CSR, LD
Renal Dietitian
Fresenius Medical Care
Stillwater, MN
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Andrew Kummer, MD, MPH
Staff Nephrologist
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Medical Director, Kidney Transplant Program
Senior Physician Director, Nephrology and Transplant Service Line
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Allyson Schilichte, PharmD, MBA, BACACP
MTM Operations Lead and Provider
Fairview Pharmacy Services
Minneapolis, MN

Marc Weber, MD
Nephrologist
University of Minnesota
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Cindi Lockhart, RD
Nutrition Program Manager
LT Proactive Care Clinic
Eagan, MN

CME/CE Reviewers

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Associate Professor of Medicine
The Ohio State University, Wexner Medical Center
Columbus, OH

Carolyn Atkins, BS, RN, CCTC
Transplant Coordinator/Nephrology Nurse
Dallas, TX

Thessa Churillo, RD, CSR
Renal Dietitian
Compass (Morrison)
Charlottesville, VA
Activity Overview

The Primary Care Strategies for Kidney Disease: Phases of Care symposia will update the busy health care professional on methods of screening, evaluation and intervention strategies to monitor and delay the progression of chronic kidney disease (CKD). Primary care practitioners from all over the country will be invited to hear experts on different topics concerning CKD.

Target Audience

This program is designed for physicians, family physicians, physician assistants, nurse practitioners, nurses, dietitians, and pharmacists.

Learning Objectives

Upon completion of this CME/CE activity, the participant will be able to:

- Describe screening and evaluation methods for CKD based on the updated KDIGO guidelines
- Identify strategies for delaying the progression of CKD in at-risk patients
- Identify strategies for the management of complications associated with CKD
- Explain nuances of treatment of heart failure in patients with CKD
- Identify renal replacement therapy options for patients with end stage renal disease
- Select optimal approaches to care for CKD patients
- Describe the role of the interdisciplinary team in the management of patients in dialysis units
- Explain referral and co-management strategies for kidney transplantation
- Identify the role of the primary care provider in managing patients with CKD
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CME/CE Information

Physician

The National Kidney Foundation is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The National Kidney Foundation designates this live activity for a maximum of 4.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Family Physician

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit(s)™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 4.75 hours of Category I credit for completing this program.

Nurse Practitioner

This program is approved for 4.75 contact hour of continuing education (which includes 0.33 hours of pharmacology) by the American Association of Nurse Practitioners. Program ID 1510470.

This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.
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Nurse

The National Kidney Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Awarded 4.75 contact hours of continuing nursing education (includes 0.33 contact hours in the area of pharmacology).

Dietitian

The National Kidney Foundation is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). CDR Credentialed Practitioners will receive 5.0 Continuing Professional Education Units (CPEUs) for completion of this activity/material.

Pharmacist

The University of Illinois at Chicago College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. A total of 4.75 contact hours (0.475 CEUs) of continuing pharmacy education credit can be earned at this knowledge-based symposium.

The following is a complete list of the ACPE Universal Activity Numbers (UAN) and contact hours assigned to each activity. Attendance at each of the knowledge-based activities (verified by completed sign-in sheets for each activity), completion of the self-assessment questions on the evaluation form, and submission of NABP eProfile ID and date of birth in MMDD format are prerequisites for receiving continuing pharmacy education credit(s). All ACPE credit awarded to participants must be uploaded to CPE Monitor™ within 30 days of the activity date, so pharmacists and/or pharmacy technicians are required to provide their e-Profile ID and date of birth (MMDD) at the time of the activity. Please contact pharmce@uic.edu if you do not see activity information listed within 30 days. For more information and to set up your e-Profile visit: www.MyCPEmonitor.net.
# Primary Care Strategies for Kidney Disease: Phases of Care

A Knowledge-Based Symposium

**November 21, 2015**

<table>
<thead>
<tr>
<th>Program</th>
<th>ACPE UAN</th>
<th>Contact Hours (CEUs)</th>
</tr>
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<tbody>
<tr>
<td>Guide to CKD Screening and Evaluation</td>
<td>0016-9999-15-110-L01-P</td>
<td>0.5 hour (0.05 CEU)</td>
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<tr>
<td>Delaying Progress</td>
<td>0016-9999-15-111-L01-P</td>
<td>0.5 hour (0.05 CEU)</td>
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<tr>
<td>A Primary Care Approach to Managing CKD Complications</td>
<td>0016-9999-15-112-L01-P</td>
<td>0.5 hour (0.05 CEU)</td>
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<tr>
<td>Kidney Disease and Heart Failure: Where Medication Efficacy and Safety Collide</td>
<td>0016-9999-15-113-L01-P</td>
<td>0.5 hour (0.05 CEU)</td>
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<tr>
<td>Renal Replacement Therapy: Options and Choices</td>
<td>0016-9999-15-114-L01-P</td>
<td>0.5 hour (0.05 CEU)</td>
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<tr>
<td>The Patient Provider Intersection: A CKD Story</td>
<td>0016-9999-15-115-L01-P</td>
<td>0.75 hour (0.075 CEU)</td>
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<td>The Dialysis Unit: Behind Closed Doors</td>
<td>0016-9999-15-116-L01-P</td>
<td>0.5 hour (0.05 CEU)</td>
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<tr>
<td>Kidney Transplantation</td>
<td>0016-9999-15-117-L01-P</td>
<td>0.5 hour (0.05 CEU)</td>
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<tr>
<td>Through the Lens of a Primary Care Professional</td>
<td>0016-9999-15-118-L01-P</td>
<td>0.5 hour (0.05 CEU)</td>
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**Disclosure & Disclaimer Policies**

**Declaration of Disclosure**

It is the policy of the National Kidney Foundation to ensure balance, independence, objectivity, and scientific rigor in all CME/CE activities. Any individuals who have control over CME/CE content are required to disclose to learners any relevant financial relationship(s) they may have with commercial interests supporting this activity or whose products or devices are discussed in this activity.

If, on the basis of information disclosed, a perceived conflict exists, resolution will be achieved based on NKF’s Disclosure and COI Policy.
Unlabeled/Investigational Use
During their presentations, faculty may discuss an unlabeled use or an investigational use not approved for a commercial product. Each faculty member is required to disclose this information to the audience when referring to an unlabeled or investigational use.

Disclaimer
The faculty and National Kidney Foundation (NKF) do not recommend the use of any pharmaceutical, diagnostic test, or device outside of the labeled indications as approved by the FDA. Please refer to the official prescribing information for each product for approved indications, contraindications, and warnings.

Information contained in this NKF educational resource is based upon current data available at the time of publication. Information is intended to help clinicians become aware of new scientific findings and developments. This NKF educational resource is not intended to set out a preferred standard of care and should not be construed as one. Neither should the information be interpreted as prescribing an exclusive course of management.

Variations in practice will inevitably and appropriately occur when clinicians take into account the needs of individual patients, available resources, and limitations unique to an institution or type of practice. Every healthcare professional making use of information in this NKF educational resource is responsible for interpreting the data as it pertains to clinical decision making in each individual patient.

Method of Participation
Participants will attend the live conference and submit an online evaluation. Participants will be able to download their certificate upon completion of the online evaluation. Credits will be awarded based on sessions attended.

Note to Pharmacists: Certificate of completion will be posted in the CPE Monitor™ only; certificates will not be distributed on-site.

Faculty Disclosures
Alec Otteman, MD has no financial relationships with commercial interest(s).

Paul Drawz, MD, MHS, MS has no financial relationships with commercial interest(s).
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Marc Weber, MD has no financial relationships with commercial interest(s).

Cindi Lockhart, RD has no financial relationships with commercial interest(s).

CME/CE Reviewer Disclosures

Uday Nori, MD is a member of the speakers bureau for Alexion.

Carolyn Atkins, BS, RN, CCTC has no financial relationships with commercial interest(s).

Thessa Churillo, RD, CSR has no financial relationships with commercial interest(s).

Acknowledgement of Support

NKF would also like to thank the following for additional support:

Sponsorship: Fresenius Medical Care, Hennepin County Medical Center, Mayo Clinic, Avera Health

Exhibitors: Fresenius Medical Care, Hennepin County Medical Center, Mayo Clinic, AMGEN, Associated Nephrology, Genzyme, Kidney Specialists of MN, Minnesota International Medicine, University of MN Health, National Kidney Foundation