Kidney Social Summit Agenda:

12:00pm-12:30pm: Registration/exhibits/lunch

12:30pm- 12:40- Welcome

12:40pm-1:00pm: Overview of CKD and treatment options- *Dr. Daniel Keys, University of Minnesota Health*

1:00-1:30: We’re undefeated! … Musings from the Frontline of Chronic Illnesses- *Glen Kelley, CKD patient*

1:30-pm- 1:40 Break

1:40- 3:15pm: Breakout Sessions

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|  | Breakout 1 | Breakout 2  | Breakout 3 | Breakout 4 |
| 1:45-2:05 | Panel- ESRD treatment options- Dialysis modalities, transplant, hospice- *Abbey Berry**and Jennifer Gans, Fresenius Kidney Care* | Low impact exercises- *Gail Johnson, Commonbond Communities* | Intro to transplant, living vs deceased, paired donation- *Dr. Arthur Matas and Margaret Voges RN, BAN* | N/A |
| 2:05-2:25 | Self-control/Meditation- *David Wark, PhD* | High risk donors – *Dr. William Payne, University of Minnesota Health* | Caregiver Support and resources *– Gail Nylin, Fresenius Kidney Care* |
| 2:30-2:50 | Tools for Medication management- *Dr. Paul Hines, Dose Health* | Insurance- Medicare for ESRD patients- *Bob Grams, Metropolitan Area Agency on Aging* | Preparing for transplant- financially, mentally, and physically – *Connie Westlund and Candace Nielsen, University of Minnesota Health* | Self-control/meditation- guided practice- *David Wark, PhD* |
| 2:55-3:15 | Lessons on Dialysis and Transplant from a 2 time transplant recipient- *Linda Nelson* | Dialysis Patient advocacy, rights, and responsibilities- *Midwest Kidney Network* | Donor considerations- financial risk, donor criteria, donor risks- *Jen Wiseman, University of Minnesota Health* |

3:15-3:30pm: Break/Exhibits

3:30-4:00 – Open dialogue in breakout groups- Transplant, dialysis, pre-dialysis, and caregivers

4:00-4:10 Break

4:10-4:40- Grief and Loss, Coping with Chronic Disease- *Ted Bowman*

4:40pm– 5:00pm: Closing remarks/Evaluation/ Attendance prize drawing