



## Camp ChiMer 2019 WHAT TO BRING TO CAMP?

### Personal Items

- Toothbrush and Toothpaste
- Hairbrush/Comb
- Bath soap/Gel
- Shampoo and Conditioner
- Sunscreen
- Deodorant
- Pajamas
- Towels for swimming**
- Blanket or sleeping bag**
- Pillow**

### Clothing

- Shorts and T-Shirts (play clothes) - (5 days)
- Underwear and Socks – (6 sets)
- Long pants, jacket or sweatshirt – (2each)
- Tennis shoes (for outdoor games, walking to the pool)
- One-piece swimsuit (to be worn for swimming only)
- Sandals
- Dance outfit

### Medical Supplies (bring all that apply)

- Feeding Supplies (pump, tubing, bags, & formula)
- Ostomy Supplies
- Catheters Supplies (tubing & bags)
- Pull ups
- Peritoneal Dialysis Cyclor

### Other

- Umbrella
- Flashlight
- Plastic bag for wet items
- Empty bag for bringing crafts & store items home
- Snacks
- Reusable water bottle

- Medications:** Campers must bring all of their medications they will need during their stay to camp registration. All medicines should be in *their original bottles*. Please include any additional care instructions that can help us provide your camper with a happy and healthy stay.

### WHAT NOT TO BRING TO CAMP:

- Valuables & Electronics (Money, jewelry, iPods, CD/DVD players, video games, phones)
- Clothes with beer or drug logos, offensive language or suggestive phrases, backless or low-cut shirts, baggy pants, extremely short shorts or skirts will not be permitted.

## **Cell Phone Policy:**

Camp Chimer, along with summer camps across the country, strongly encourages campers to **leave their cell phones and other electronics at home**. If campers must bring them, Camp Chimer will enforce a no cell phone policy during all group activities, at meal times, and after lights are out. Additionally, Camp Chimer is not responsible for lost or stolen items and no staff or volunteer time will be spent searching for lost or suspected stolen phones or other electronics.

While we can appreciate the desire for parents and campers to stay in touch, we encourage parents to stay connected by calling **816-876-7469** or sending messages to the Camp Director via email, which will be delivered to them directly. Email address: **Janice.perez@kidney.org**

During your child's week at camp we can assure you that a parent or guardian will be contacted when:

- Your camper is ill, with a fever over 100 degrees
- Your camper needs medical treatment off-site
- If there are questions regarding medications or healthcare of your camper
- Your camper is unable to function within the community of Camp Chimer in a healthy way