



National
Kidney
Foundation®

Serving
Maryland
and Delaware

Rappel for
KIDNEY HEALTH

Join us June 15th

at 100 N. Charles Street

HOW YOU CAN PARTICIPATE

SOLO RAPPEL

Cross “Rappel 25-stories down a building” off your bucket list when you raise \$1,500!

START A TEAM

For every \$1,500 your team raises you can send someone over the edge. Compete to see who can raise the most!

TOSS YOUR BOSS!

Rally your co-workers to raise \$1,500 and send your boss rappelling down a 25-story building.

REGISTER AT <https://team.kidney.org/event/rappel2019>

**YOUR PARTICIPATION OR DONATION
WILL MAKE A DIFFERENCE!**

**Over the
EDGE**
SAVANNAH



30 million Americans are living with kidney disease and most don't know it! In Maryland, 9,300 residents are receiving life saving dialysis treatments and many are waiting for a kidney transplant.

Rappel offers a *one of a kind* opportunity for the community to bring heightened awareness to kidney disease.