



Management of Obesity and Chronic Kidney Disease

*A Scientific Workshop Co-Sponsored by the National Kidney Foundation
and The Obesity Society*

WORKSHOP AGENDA

PRE-RECORDED PRESENTATIONS

Obesity and kidney disease: worldwide trends

Presenter: Carmine Zoccali

Lifestyle-based approaches to obesity management

Presenter: Donna Ryan

Pharmacologic anti-obesity therapies

Presenter: Ania Jastreboff

Surgical approaches to obesity management

Presenter: Phil Schauer

Thurs, April 29

*** Note all times in agenda are US Eastern Time**

10:00 – 10:10 Welcome, Logistics, and Overview

Conference Chairs: Allon Friedman, Phil Schauer and Lee Kaplan

Obesity and Kidney Disease: An Overview

Moderator: Sankar Navaneethan

10:10 – 10:30 Direct and intermediate effects of obesity on the kidney

Presenter: Allon Friedman

10:30 – 10:50 Obesity as a determinant of clinical outcomes in CKD

Presenter: Holly Kramer

10:50 – 11:20 Panel and Audience Discussion

Invited Panelists: Allon Friedman

Holly Kramer

Avry Chagnac

Sankar Navaneethan

Kim Janssen

11:20 – 11:30 **BREAK**

Obesity Management

Moderator: Alex Chang

- 11:30 – 11:50 Treating obesity as a disease: Pathophysiology
Presenter: Lee Kaplan
- 11:50 – 12:10 Lifestyle-based, pharmacologic, and surgical approaches to obesity management
Presenter: Carel le Roux
- 12:10 – 12:40 Panel and Audience Discussion
Invited Panelists: Lee Kaplan
Carel le Roux
Alex Chang
Jordi Goldstein-Fuchs
Sara Hicklin
- 12:40 – 1:00 **BREAK**

Kidney Outcomes in Obesity Management

Moderator: Phil Schauer

- 1:00 – 1:15 Medical treatment of obesity as a renoprotective intervention
Presenter: Arya Sharma
- 1:15 – 1:30 Surgical treatment of obesity as a renoprotective intervention
Presenter: Ricardo Cohen
- 1:30 – 1:45 Barriers to effective obesity management
Invited Presenter: Francesco Rubino
- 1:45 – 2:15 Panel and Audience Discussion
Invited Panelists: Arya Sharma
Ricardo Cohen
Francesco Rubino
Helen MacLaughlin
John Ortiz
- 2:15 – 2:30 Wrap up

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Friday, April 30

Breakout Group Discussions and Report Back

10:00 – 11:30 **Breakout Group Session**

Group One: Identify and prioritize strategies for obesity management to improve outcomes in individuals with CKD

Discussion Leaders: Holly Kramer and John Purnell

Group Two: Identify strategies to help engage nephrologists and obesity experts in managing obesity in persons with CKD

Discussion Leaders: Carel le Roux and Srin Beddhu

Group Three: Identify strategies to improve patient acceptance and participation in obesity management

Discussion Leaders: Kathy Tuttle and Duane Sunwold

Group Four: Identify and prioritize addressing research gaps to improve care of patients with CKD and obesity

Discussion Leaders: Allon Friedman and Lee Kaplan

11:30 – 12:30 **Lunch Break**

12:30 – 1:00 **Breakout Group 1 Presentation and Discussion:**

Presenters: Holly Kramer and John Purnell

1:00 – 1:30 **Breakout Group 2 Presentation and Discussion:**

Presenters: Carel le Roux and Srin Beddhu

1:30 – 2:00 **Breakout Group 3 Presentation and Discussion:**

Presenters: Kathy Tuttle and Duane Sunwold

2:00 – 2:30 **Breakout Group 4 Presentation and Discussion:**

Presenters: Allon Friedman and Lee Kaplan

2:30 – 3:00 Discussion and Consensus on Recommendations, Next steps

Conference Chairs: Allon Friedman, Phil Schauer and Lee Kaplan

3:00 pm **ADJOURN**