



NKF's "People Like Us":
Long-term Care Residence
Chronic Kidney Disease
C H E C K L I S T

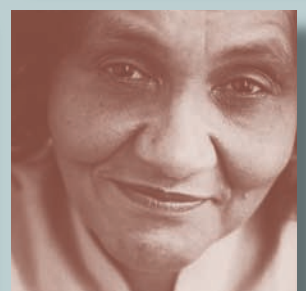
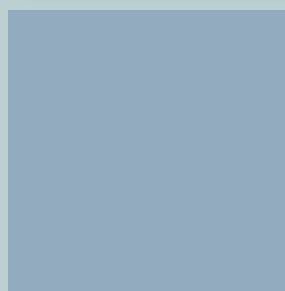
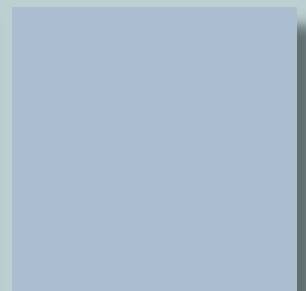
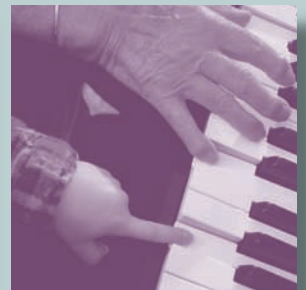
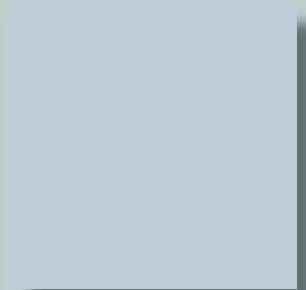
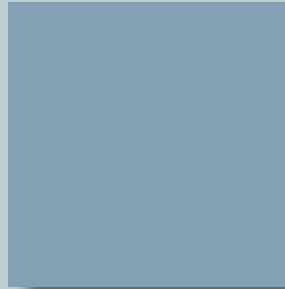
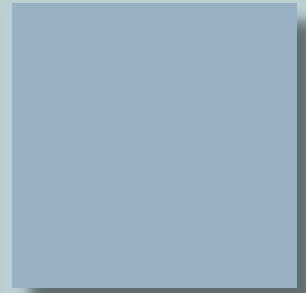


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I. TIPS FOR A CHOOSING A LONG-TERM CARE RESIDENCE FOR SOMEONE WITH CHRONIC KIDNEY DISEASE (CKD)

Are You Looking for a Long-term Care Residence that Accepts People On Dialysis?

If you have found this *Long-term Care Residence Chronic Kidney Disease Checklist* on the NKF's Web site, then you or someone you know with kidney disease may need long-term care. This Checklist will help you start the process of finding the right residence to care for you or your loved one.

- Keep in mind that specific circumstances such as the age, mental and physical health of the person needing long-term care will help determine what works best.
- For a listing of long-term care residences in your area, go to Medicare's Web site **www.medicare.gov** and click on "Compare Nursing Homes in Your Area," or call 800.MEDICARE.
- Contact your local NKF affiliate at 800.622.9010 or **www.kidney.org**, ESRD Network at 804.794.2586 or **www.esrdnetworks.org**, or work with the social worker at your local hospital or dialysis unit.

The National Kidney Foundation suggests that you use the *NKF Long-term Care Residence CKD Checklist* together with the *Centers for Medicare and Medicaid Services Guide to Choosing a Nursing Home* found at **www.medicare.gov/publications**, or call 800.MEDICARE to request a copy.

Long-term Care Residence CKD Checklist

Name of Residence:	Date of Visit:
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1. Do you accept people on dialysis?	Yes:	No:	Comments:
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II. STAFFING	Yes:	No:	Comments:
2. Do you have the following support staff trained to meet the special health needs of a resident receiving dialysis treatment?			
<i>Registered Nurse</i>			
<i>Licensed Practical Nurse</i>			
<i>Social Worker</i>			
<i>Dietitian</i>			
<i>Chef to create kidney-friendly meals</i>			
<i>Other _____</i>			
3. Do nursing home staff training programs include training on dialysis-specific issues?			
4. If the resident is unable to care for his or her dialysis access, is there staff trained and available to do so?			
5. How does the residence care for residents on dialysis in emergencies such as power outages, natural disasters, fires, etc.?			

III. DIETARY	Yes:	No:	Comments:
6. Do you offer menu options for people with special dietary needs?			
<i>CKD</i>			
<i>CKD (dialysis)</i>			
<i>Diabetes</i>			
<i>Heart-friendly (low sodium, low fat)</i>			
<i>Kosher</i>			
<i>Low potassium/low phosphorous</i>			
<i>Vegetarian</i>			
<i>Wheat free</i>			
<i>Other: _____</i>			

IV. COMMUNICATION/RELATIONSHIPS	Yes:	No:	Comments:
7. Communication is key to the success of any relationship. Do you have a positive feeling about your communication with staff at this facility?			
8. What is your system for communicating with residents/family members about concerns regarding medical/dietary issues?			
9. In your observations, do resident/staff interactions appear compassionate and kind?			
10. What are your systems for communication with the resident's nephrologist (kidney doctor)?			
11. How often do nephrologists visit their long-term care residence patients?			

V. TRANSPORTATION	Yes:	No:	Comments:
12. Is hemodialysis done on the premises? If not, do you provide transportation to dialysis?			
13. How far is the nearest dialysis center?			
14. Will I be responsible for the cost of transportation? If yes, how much will it cost?			
15. Is the transportation service/vehicle owned and operated by the long-term care residence? If not, what is the name of the company that provides transportation? Company Name: _____ Contact Person: _____ Telephone: _____			
16. What is the back-up procedure in the event transportation is not on time or available?			

VI. EQUIPMENT/SUPPLIES	Yes:	No:	Comments:
17. Is equipment available for people who require a lift or a sling?			
18. Is staff available to move and store heavy supply shipments? (For those on peritoneal dialysis only)			
19. Do you have an agreement with a dialysis facility to provide peritoneal dialysis supplies for residents?			
20. Is there a sterile room available for those on peritoneal dialysis to change catheters, etc.?			

Plan for follow-up: _____
