



National Kidney Foundation®

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National
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Foundation



Free Interactive Case-Based
CME/CE Learning Activity

Getting More High Cardiovascular
Disease Risk Patients to Goal:
Simulations to Improve
Real Outcomes

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Tobacco

Older Age

Underactivity

Cholesterol

Hypertension

Diabetes

Over-Weight

Non-adherence

A Virtual Patient
Experience for the Best
PractiCe Team Approach

Release Date: October 17, 2011
Expiration date: October 18, 2013

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grant from Pfizer



Getting More High Cardiovascular Disease Risk Patients to Goal: Simulations to Improve Real Outcomes

A Free Webcast CME/CE Learning Activity

Touchdown!



Target Audience

- Physicians
- Physician assistants
- Nurse practitioners
- Nurses
- Dialysis technicians
- Dietitians
- Pharmacists

Overview

Chronic kidney disease (CKD) is now widely accepted as an independent risk factor for cardiovascular disease (CVD), with more patients dying from CVD than from end-stage renal disease. Cardiovascular risk increases as kidney function declines, but in the predialysis stages of CKD, risk factor intervention has been shown to effectively reduce cardiovascular events and mortality. This CME/CE activity will explore cardiovascular prevention strategies in patients with stages 1–4 CKD and, through a dynamic, integrated inter-professional learning approach, help bridge identified gaps in clinical competency and in the performance of healthcare providers and healthcare teams.

Learning Objectives

After completing this educational activity, you will be able to:

- Review recommended laboratory measures and other assessments, with respective targets related to cardiovascular risk, to aid in assessing and managing CVD risk in high-risk patient populations to get them to goal
- Integrate evidence-based guidelines to reduce CVD risk in high-risk patients to help prevent or minimize adverse long-term outcomes
- Outline a collaborative inter-professional approach to better manage CVD risk in high-risk patients and foster best practices in the delivery of care

Topics

- Introduction
- Virtual Patient Presentations
 - Stage 4 CKD, Multiple Risk Factors, History of CVD
 - Early Stage 3 CKD, Multiple Risk Factors, History of Diabetes, Hypertension, Stable Angina
 - Late Stage 3 CKD, Multiple Risk Factors, Non-Adherence
- Suggested Reading

Faculty

Carol M. Mason, ARNP, CLS, FAHA, FNLA, FPCNA

President, Accreditation Council for Clinical Lipidology
Trinity, FL

Carl Orringer, MD, FACC

Associate Professor of Medicine
Case Western Reserve University
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C. Venkata S. Ram, MD, FACC, MACP

Director, Texas Blood Pressure Institute
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Accreditation

Physician

The National Kidney Foundation is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The National Kidney Foundation designates this enduring material for a maximum of 1.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Enduring Material activity, "Getting More High Cardiovascular Disease Risk Patients to Goal: Simulations to Improve Outcomes," has been reviewed and is acceptable for up to 1.5 Prescribed credit(s) by the American Academy of Family Physicians. AAFP accreditation begins September 30, 2011. Term of approval is for two years from this date with the option of yearly renewal. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistant

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit™* from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 1.5 hours of Category I credit for completing this program.

Nurse Practitioner

This program has been approved for 1.5 contact hours of continuing education (which includes 0.40 hour of pharmacology) by the American Academy of Nurse Practitioners. Program ID 1109303.

This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

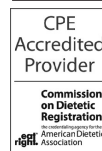
Nurse and Dialysis Technician

The National Kidney Foundation is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned Provider code 7QPLGU-PRV-09.

1.5 contact hours will be awarded.

Dietitian



The National Kidney Foundation is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered Dietitians (RDs) and Dietetic Technicians, Registered (DTRs) will receive 1.5 continuing professional education units (CPEUs) for completion of this program/material.

Pharmacist



The University of Illinois at Chicago College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of pharmacy continuing education. Completion of the entire knowledge-based activity, post-test questions, and evaluation are prerequisites for receiving a statement of continuing pharmacy education credit for 1.5 contact hours (0.15 CEUs). You will receive your statement of credit immediately upon successful completion of the CPE activity.

This activity has been assigned ACPE Universal Activity Number 0016-999-11-145-H01-P.

Method of Participation

This CME/CE activity is available as a dynamic web-based, computer-guided experience that allows learners to assess the needs of three virtual patients similar to challenging patients whom they see in practice – people with multiple risk factors and disease states that pose increased CVD risk. A complete picture of each “virtual patient” will be unveiled as the clinician reads the patient record, asks questions, and elicits findings from laboratory data and physical exams. Once the learners feel confident about the information, they will be able to develop a clinical action plan that addresses individual virtual patient needs, including those for collaborative inter-professional care. Upon submission of the clinical action plan, learners will be able to compare their clinical action plans against an evidence-based “best practice” plan outlined in advance by clinical experts.

To receive a certificate of completion, participants will be required to complete, at a minimum, one virtual patient experience, including a post-test and program evaluation. The estimated time for completion is 1.5 hour. To receive *AMA PRA Category 1 Credits™*, participants must receive a minimum score of 70% on the post-test.

Declaration of Disclosure

It is the policy of the National Kidney Foundation (NKF) to ensure balance, independence, objectivity, and scientific rigor in all CME/CE activities. Any individual who has control over CME content is required to disclose to learners prior to the activity any relevant financial relationship(s) they may have with commercial interests supporting this activity or whose products or devices are discussed in this activity. If, on the basis of information disclosed, a perceived conflict exists, resolution will be achieved based on NKF's Disclosure and Conflict of Interest Policy.

Unlabeled/Investigational Use

During their presentations, faculty may discuss an unlabeled use or an investigational use not approved for a commercial product. Each faculty member is required to disclose this information to the audience when referring to an unlabeled or investigational use.

Disclaimer

The faculty, National Kidney Foundation, and Pfizer do not recommend the use of any pharmaceutical, diagnostic test, or device outside of the labeled indications as approved by the FDA. Please refer to the official prescribing information for each product for approved indications, contraindications, and warnings.

Registration

View this free CME/CE activity at the National Kidney Foundation Website www.kidney.org/ **CME**. For more information, please call NKF at 800.622.9010, or visit our website at www.kidney.org.