

FREE Case-based Webcast
CME/CE Learning Activity

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NUTRITION

and Chronic Kidney Disease: First-Line Defenses for Improving Patient Outcomes



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OVERVIEW

This activity reviews the impact of chronic kidney disease (CKD) on malnutrition and other comorbidities and complications. Through a case-study format, the activity presents methods to develop evidence-based plans for nutrition assessment and appropriate intervention in CKD stage 4, dialysis and kidney transplantation. This activity discusses individual strategies for prevention and treatment, including referral to medical nutritional therapy (MNT). The needs of patients are also discussed, including ways to improve patient instruction, and patient adherence.

LEARNING OBJECTIVES

After completing this educational activity, you will be able to:

- Describe how nutrition in patients with CKD impacts overall health, comorbidities, and progression to kidney failure.
- Incorporate evidence-based nutrition management practices into the plan of care, according to clinical practice guidelines and recommendations and other relevant science.
- Design and implement multifaceted approaches, which include recommendation for MNT, to reduce risk for adverse outcomes related to poor nutrition in patients with CKD, including dialysis and transplantation.

METHOD OF PARTICIPATION

This CME/CE activity is available as an on-demand webcast at www.kidney.org/cme. Participants are able to view a self-directed slide presentation with accompanying audio. At the conclusion of this activity, participants will complete an evaluation to receive a certificate of completion. The estimated time for completion is 1.0 hour.

FACULTY

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AUDIENCE

Physicians / Physician Assistants / Nurses / Nurse Practitioners / Dietitians / Dialysis Technicians / Pharmacists / Case Managers / Diabetes Educators / Transplant Coordinators

ACCREDITATION

Physician: The National Kidney Foundation is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The National Kidney Foundation designates this educational activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity has been reviewed and is acceptable for up to 1.25 Prescribed credits by the American Academy of Family Physicians. AAFP accreditation begins April 15, 2010. Term of approval is for two years from this date, with option for yearly renewal.

The AAFP invites comments on any activity that has been approved for AAFP CME credit. Please forward your comments on the quality of this activity to cmecomment@aafp.org

Physician Assistant: AAFP accepts certificates of participation for educational activities certified for Category I credit from AOACME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit™* from

organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 1.0 hour of Category I credit for completing this program.

Nurse and Technician: The National Kidney Foundation is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned Provider code 7QPLGU-PRV-09.

1.0 contact hour will be awarded.

Nurse Practitioner: This program is approved for 1.0 contact hour of continuing education by the American Academy of Nurse Practitioners. Program ID 1003077.

This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

Dietitian: The National Kidney Foundation is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 1.0 continuing professional education unit (CPEU) for completion of this program/material.



Pharmacist: The University of Illinois at Chicago, College of Pharmacy, is accredited by the Accreditation Council for Pharmacy Education (ACPE) as a provider of continuing pharmacy education. The ACPE universal activity number assigned to this educational offering is 016-999-10-066-H01-P.



This activity is accredited by the University of Illinois at Chicago, College of Pharmacy for 0.1 CEU (1.0 contact hour).

This activity is knowledge-based.

Case Manager: This activity has been approved for up to 1.0 clock hour of continuing educational units through the Commission for Case Manager Certification.

Transplant Coordinator: The American Board for Transplant Certification (ABTC) has approved this educational offering for up to 1.0 Category I Continuing Education Points for Transplant Coordinators (CEPTCs).

Declaration of Disclosure: It is the policy of the National Kidney Foundation (NKF) to ensure balance, independence, objectivity, and scientific rigor in all CME/CE activities. Any individual who has control over CME content is required to disclose to learners prior to the activity any relevant financial relationship(s) they may have with commercial interests supporting this activity or whose products or devices are discussed in this activity. If, on the basis of information disclosed, a perceived conflict exists, resolution will be achieved based on NKF's Disclosure and Conflict of Interest policy.

Unlabeled/Investigational Use: During their presentations, faculty may discuss an unlabeled use or an investigational use not approved for a commercial product. Each faculty member is required to disclose this information to the audience when referring to an unlabeled or investigational use.

Disclaimer: The faculty, National Kidney Foundation, and Abbott Nutrition do not recommend the use of any pharmaceutical, diagnostic test, or device outside of the labeled indications as approved by the FDA. Please refer to the official prescribing information for each product for approved indications, contraindications, and warnings.

REGISTRATION

View this free CME/CE activity at the National Kidney Foundation website www.kidney.org/CME. Please include your NKF ID number when you register. Your NKF ID number is located next to your name on the address label of this brochure. For more information, please call NKF at 800.622.9010, or visit our website at www.kidney.org



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New **FREE** Webcast CME/CE Activity

NUTRITION and Chronic Kidney Disease:

**First-Line Defenses for
Improving Patient Outcomes**